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H.B. No. 1337

A BILL TO BE ENTITLED

AN ACT

relating to step therapy protocols required by health benefit plans
for coverage of prescription drugs for serious mental illnesses.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:

SECTION 1. Subchapter B, Chapter 1369, Insurance Code, is
amended by adding Section 1369.0547 to read as follows:

Sec. 1369.0547. STEP THERAPY PROTOCOLS FOR PRESCRIPTION
DRUGS TO TREAT SERIOUS MENTAL ILLNESSES. (a) In this section,
"serious mental illness" has the meaning assigned by Section
1355.001.

(b) This section applies only to a drug prescribed to an
enrollee who is 18 years of age or older to treat a diagnosis of a
serious mental illness.

(c) A health benefit plan that provides coverage for
prescription drugs to treat a serious mental illness may not
require, before the health benefit plan provides coverage of a
prescription drug approved by the United States Food and Drug
Administration, that the enrollee:

(1) fail to successfully respond to more than one
different drug for each drug prescribed, excluding the generic or
pharmaceutical equivalent of the prescribed drug; or

(2) prove a history of failure of more than one
different drug for each drug prescribed, excluding the generic or
pharmaceutical equivalent of the prescribed drug.

1 (d) Subject to Section 1369.0546, a health benefit plan
2 issuer may implement a step therapy protocol to require a trial of a
3 generic or pharmaceutical equivalent of a prescribed prescription
4 drug as a condition of continued coverage of the prescribed drug
5 only:

6 (1) once in a plan year; and

7 (2) if the generic or pharmaceutical equivalent drug
8 is added to the plan's drug formulary.

9 SECTION 2. This Act applies only to a health benefit plan
10 delivered, issued for delivery, or renewed on or after January 1,
11 2024. A health benefit plan delivered, issued for delivery, or
12 renewed before January 1, 2024, is governed by the law as it existed
13 immediately before the effective date of this Act, and that law is
14 continued in effect for that purpose.

15 SECTION 3. This Act takes effect September 1, 2023.