

By: Lalani

H.R. No. 77

R E S O L U T I O N

1 WHEREAS, Hypertrophic Cardiomyopathy Awareness Day is taking
2 place on February 22, 2023, and this occasion provides a fitting
3 opportunity to promote better understanding of this health issue;
4 and

5 WHEREAS, Hypertrophic cardiomyopathy (HCM) is a chronic
6 cardiovascular disease that involves thickening of the heart muscle
7 and can potentially lead to debilitating symptoms and serious
8 complications, including heart failure, atrial fibrillation,
9 stroke, and in rare cases, sudden cardiac death; and

10 WHEREAS, HCM is the most common inheritable heart disease; it
11 can affect anyone, regardless of age, gender, or ethnicity, and it
12 has a reported prevalence ranging from 1 in 200 individuals to 1 in
13 500 individuals in the general population; an estimated 58,722 to
14 146,804 people in Texas have HCM, although approximately 85 percent
15 of them remain undiagnosed; and

16 WHEREAS, HCM shares symptoms with other common
17 cardiovascular and pulmonary diseases, such as shortness of breath,
18 chest pain, fatigue, palpitations, and fainting, and those
19 similarities make it difficult to accurately diagnose HCM; in
20 addition, the all-cause mortality risk is three to four times
21 higher in patients with HCM than that of the general population; in
22 order to receive a diagnosis, patients should know their medical
23 history and stay informed about the signs and symptoms of HCM; and

24 WHEREAS, Health care providers must conduct thorough

1 screenings with cardiac health questions to help identify a risk of
2 both genetic and congenital cardiac disorders; they may also
3 conduct several tests, including an echocardiogram, a cardiac MRI,
4 or genetic testing to confirm a family history of HCM, and they must
5 examine the heart to diagnose HCM; and

6 WHEREAS, Following a diagnosis of HCM, it is important for
7 patients to work with their health care providers to learn more
8 about the disease and different management options, such as
9 prescription medicines and surgical treatments; and

10 WHEREAS, Hypertrophic cardiomyopathy is a serious and
11 life-threatening disease, and the observance of Hypertrophic
12 Cardiomyopathy Awareness Day unites people around the world in
13 their commitment to improving the quality of life for patients;
14 now, therefore, be it

15 RESOLVED, That the House of Representatives of the 88th Texas
16 Legislature hereby recognize February 22, 2023, as Hypertrophic
17 Cardiomyopathy Awareness Day and urge all Texans to learn more
18 about the disease; and, be it further

19 RESOLVED, That an official copy of this resolution be
20 prepared for the Hypertrophic Cardiomyopathy Association as an
21 expression of high regard by the Texas House of Representatives.