

By: Rose

H.R. No. 1529

R E S O L U T I O N

1 WHEREAS, May is Mental Health Awareness Month, and this
2 occasion provides a fitting opportunity to promote better
3 understanding of issues regarding mental health and to foster
4 support for individuals who are affected by mental illness; and

5 WHEREAS, Mental illness encompasses a range of health
6 conditions that influence a person's thoughts, feelings, behavior,
7 and mood; these conditions include depression, psychosis, and
8 various disorders, all of which have the potential to profoundly
9 impact an individual's life and relationships; research suggests
10 that mental illness is associated with multiple causes, including
11 genetics, environmental factors, exposure to traumatic events, and
12 biochemical processes; and

13 WHEREAS, According to the National Alliance on Mental
14 Illness, 1 in every 5 American adults and 1 in every 6 American
15 youth experience mental illness each year; although early treatment
16 can significantly improve wellness and recovery outcomes, many
17 people do not seek out the help they need due to the stigma
18 associated with mental illness, as well as an inability to
19 recognize symptoms and a lack of knowledge about health care
20 resources; depending on each patient's unique experience,
21 treatment may include medication, therapy, social support, and
22 educational programs; and

23 WHEREAS, More work remains to be done to fight the stigma
24 surrounding mental illness and to highlight the importance of

1 treatment, and the observance of Mental Health Awareness Month
2 unites Texans in their commitment to these efforts; now, therefore,
3 be it

4 RESOLVED, That the House of Representatives of the 88th Texas
5 Legislature hereby recognize May 2023 as Mental Health Awareness
6 Month and encourage all residents of the Lone Star State to learn
7 more about mental health issues.