By: Menéndez S.B. No. 452

## A BILL TO BE ENTITLED

1	AN ACT
2	relating to step therapy protocols required by health benefit plans
3	for coverage of prescription drugs for serious mental illnesses.
4	BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
5	SECTION 1. Subchapter B, Chapter 1369, Insurance Code, is
6	amended by adding Section 1369.0547 to read as follows:
7	Sec. 1369.0547. STEP THERAPY PROTOCOLS FOR PRESCRIPTION

- 8 DRUGS TO TREAT SERIOUS MENTAL ILLNESSES. (a) In this section,
- 9 <u>"serious mental illness" has the meaning assigned by Section</u>
- 10 1355.001.
- 11 (b) This section applies only to a drug prescribed to an
- 12 enrollee who is 18 years of age or older to treat a diagnosis of a
- 13 <u>serious mental illness.</u>
- 14 (c) A health benefit plan that provides coverage for
- 15 prescription drugs to treat a serious mental illness may not
- 16 require, before the health benefit plan provides coverage of a
- 17 prescription drug approved by the United States Food and Drug
- 18 Administration, that the enrollee:
- (1) fail to successfully respond to more than one
- 20 different drug for each drug prescribed, excluding the generic or
- 21 pharmaceutical equivalent of the prescribed drug; or
- (2) prove a history of failure of more than one
- 23 different drug for each drug prescribed, excluding the generic or
- 24 pharmaceutical equivalent of the prescribed drug.

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- 1 (d) Subject to Section 1369.0546, a health benefit plan
- 2 issuer may implement a step therapy protocol to require a trial of a
- 3 generic or pharmaceutical equivalent of a prescribed prescription
- 4 drug as a condition of continued coverage of the prescribed drug
- 5 only:
- 6 (1) once in a plan year; and
- 7 (2) if the equivalent drug is added to the plan's drug
- 8 formulary.
- 9 SECTION 2. This Act applies only to a health benefit plan
- 10 delivered, issued for delivery, or renewed on or after January 1,
- 11 2024. A health benefit plan delivered, issued for delivery, or
- 12 renewed before January 1, 2024, is governed by the law as it existed
- 13 immediately before the effective date of this Act, and that law is
- 14 continued in effect for that purpose.
- SECTION 3. This Act takes effect September 1, 2023.