

By: LaMantia, et al.

S.B. No. 1625

A BILL TO BE ENTITLED

AN ACT

relating to menstrual disorders education and informational materials for public school students.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:

SECTION 1. Subchapter A, Chapter 28, Education Code, is amended by adding Section 28.0044 to read as follows:

Sec. 28.0044. MENSTRUAL DISORDERS EDUCATION AND INFORMATIONAL MATERIALS. (a) In this section, "age-appropriate" means suitable to particular ages or age groups of children or adolescents, based on developing cognitive, emotional, and behavioral capacity typical for the age or age group.

(b) A school district may provide to students education and informational materials regarding menstrual disorders at grade levels and in courses considered appropriate by the district.

(c) The State Board of Education by rule shall adopt a list of age-appropriate informational materials regarding menstrual disorders and symptoms of menstrual disorders. The materials must include information on:

(1) the timing, signs, and symptoms of endometriosis and other menstrual disorders;

(2) the importance of menstrual health and the impact of menstrual health on a person's physical and emotional well-being, social interactions, and academic performance;

(3) basic statistics on endometriosis and other

1 menstrual disorders;

2 (4) best practices regarding methods to advocate for
3 one's own health care; and

4 (5) basic treatment options for endometriosis and
5 other menstrual disorders and recommendations for follow-up care
6 from a health care provider.

7 (d) The State Board of Education shall make available to a
8 school district on request any informational materials included on
9 the list adopted under Subsection (c).

10 SECTION 2. This Act applies beginning with the 2023-2024
11 school year.

12 SECTION 3. This Act takes effect immediately if it receives
13 a vote of two-thirds of all the members elected to each house, as
14 provided by Section 39, Article III, Texas Constitution. If this
15 Act does not receive the vote necessary for immediate effect, this
16 Act takes effect September 1, 2023.