

By: Oliverson

H.R. No. 586

R E S O L U T I O N

1 WHEREAS, The observance of Maternal Mental Health Day at the
2 State Capitol on March 18, 2025, provides an opportunity to
3 acknowledge the significance of mental health care for expectant
4 and new mothers across the state; and

5 WHEREAS, Maternal mental health conditions, including
6 depression, anxiety, and postpartum disorders, affect
7 approximately one in five women during pregnancy or within the
8 first year after childbirth, posing substantial challenges to the
9 well-being of mothers and their families; in 2019, mental health
10 conditions were identified as the leading cause of
11 pregnancy-related deaths in Texas, accounting for 25 percent of
12 such fatalities and highlighting the critical need for
13 comprehensive mental health support for mothers; and

14 WHEREAS, The Texas Health and Human Services Commission
15 offers a variety of services to support mothers, including
16 postpartum depression screenings, mental health and substance use
17 resources, and the Healthy Texas Women Plus program, which targets
18 major health conditions contributing to maternal morbidity and
19 mortality; and

20 WHEREAS, Since 2017, the Rupani Foundation has served some
21 7,500 parents and children in the Greater Houston area, providing
22 early childhood development programs that promote education, brain
23 development, positive parenting, mental health, hygiene, and
24 nutrition; the organization further empowers families through its

1 Informed Parents Program and Brain Builders Program, and it
2 oversees behavioral health support initiatives that focus on mental
3 health awareness; in addition, the organization has launched a
4 Mental Health Task Force composed of medical experts to analyze
5 existing gaps in services and support for economically
6 disadvantaged mothers and young children; and

7 WHEREAS, Numerous other organizations and advocacy groups
8 across Texas have also played an important role in advancing
9 maternal mental health through direct services, community support
10 programs, professional training, and policy advocacy; these
11 efforts contribute to greater awareness, improved access to care,
12 and stronger networks of support for mothers and families
13 statewide; and

14 WHEREAS, It is vital that women receive the help they need to
15 successfully overcome the many challenges they may face during
16 pregnancy and postpartum, and the participants in this advocacy day
17 are to be commended for their efforts to ensure a higher standard of
18 care for mothers in the Lone Star State; now, therefore, be it

19 RESOLVED, That the House of Representatives of the 89th Texas
20 Legislature hereby recognize March 18, 2025, as Maternal Mental
21 Health Day at the State Capitol and extend sincere appreciation to
22 the Rupani Foundation and the many other organizations that are
23 working to enhance the well-being of mothers and families
24 throughout Texas.