

By: Menéndez

S.B. No. 185

A BILL TO BE ENTITLED

AN ACT

1
2 relating to the inclusion of instruction and information about
3 mental health in the required curriculum for public high school
4 students.

5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:

6 SECTION 1. Section 28.002, Education Code, is amended by
7 adding Subsection (c-6) to read as follows:

8 (c-6) The State Board of Education shall adopt rules
9 requiring students to complete at least one course while in high
10 school that satisfies the requirements of Subsection
11 (a)(2)(B)(ii), which may include a health, physical education, or
12 career and technology education course. The course must include:

13 (1) instruction regarding:

14 (A) depression;

15 (B) anxiety;

16 (C) eating disorders;

17 (D) schizophrenia; and

18 (E) other mental health disorders; and

19 (2) information about cultivating coping skills and
20 seeking available mental health services.

21 SECTION 2. This Act applies beginning with the 2025-2026
22 school year.

23 SECTION 3. This Act takes effect immediately if it receives
24 a vote of two-thirds of all the members elected to each house, as

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1 provided by Section 39, Article III, Texas Constitution. If this
2 Act does not receive the vote necessary for immediate effect, this
3 Act takes effect September 1, 2025.