## SENATE RESOLUTION NO. 421

WHEREAS, The Senate of the State of Texas is pleased to recognize Blue Branch Historic Ranch and Anxiety Solutions of America for their outstanding work on behalf of veterans and first responders; and

WHEREAS, Blue Branch Historic Ranch is a recreational haven that provides nature-based recovery, peer-to-peer support, and holistic mental health services for veterans, first responders, and their families; and

WHEREAS, Working in partnership with Anxiety Solutions of America, the ranch assists those struggling with post-traumatic stress disorder, anxiety, and depression by combining therapy and community with purpose-driven activities that reduce isolation and promote healing; and

WHEREAS, Blue Branch Historic Ranch offers a wide range of outdoor experiences designed to restore mental health and physical well-being, and guests can enjoy such activities as kayaking and swimming; veterans and first responders at the ranch benefit from equine therapy sessions and workshops tailored to help them reconnect with themselves and the natural world after experiencing trauma in the line of duty; and

WHEREAS, A source of comprehensive care, Blue Branch Historic Ranch supports veterans with housing assistance, help filing medical claims, and transportation to and from medical appointments, and plans are set to build a sustainable, food-producing garden and establish new long-term wellness programs at the ranch; and

WHEREAS, Blue Branch Historic Ranch and Anxiety Solutions of America host large-scale community events to promote public

S.R. No. 421

awareness about mental health challenges among the nation's service members; all who are upholding the organization's mission are truly deserving of recognition for their outstanding service on behalf of veterans and first responders; now, therefore, be it

RESOLVED, That the Senate of the State of Texas, 89th Legislature, hereby commend the founders, staff members, and all who support the efforts of Blue Branch Historic Ranch and extend to all best wishes for continued success in their important work; and, be it further

RESOLVED, That a copy of this Resolution be prepared for them as an expression of esteem from the Texas Senate.

Birdwell

President of the Senate

I hereby certify that the above Resolution was adopted by the Senate on April 22, 2025.

Secretary of the Senate

Member, Texas Senate