

R E S O L U T I O N

1           WHEREAS, Nutrition is the fundamental building block of  
2 individual health; and

3           WHEREAS, Sound nutritional practices are a primary component  
4 of efforts to promote healthy lifestyles and to prevent illness,  
5 disease, and injury, especially among the young, the elderly, and  
6 certain ethnic and cultural groups; and

7           WHEREAS, Medical nutrition therapy can slow the onset of and  
8 promote recovery from a wide variety of illnesses, diseases, and  
9 injuries; and

10           WHEREAS, Eight of the 10 leading causes of death in America  
11 are related to diet, including heart disease, stroke, some types of  
12 cancer, kidney disease, and diabetes, and nutrition assessment and  
13 nutrition counseling are important components of risk reduction and  
14 disease management of these medical conditions; and

15           WHEREAS, Medical nutrition therapy is well established as a  
16 cost-effective medium of health care, contributing to the reduction  
17 in the incidence of low-birth-weight babies and saving two dollars  
18 in health care costs for mother and baby for every one dollar spent  
19 on prenatal care for high-risk indigent expectant mothers; and

20           WHEREAS, More than 3,000 licensed dietitians, licensed and  
21 regulated by the Texas State Board of Examiners of Dietitians,  
22 provide nutrition services in a wide variety of settings all across  
23 the state, including schools and educational centers, hospitals,  
24 health clinics, nursing homes, kidney dialysis centers, and

1 research centers, and in the food and food service industries; and

2 WHEREAS, Licensed and registered dietitians, all of whom hold  
3 at least a baccalaureate-level degree in dietetics, nutrition, or  
4 similar fields and many of whom hold master's or doctoral-level  
5 degrees, serve a vital role as members of the health care team,  
6 working with physicians and other health care professionals to  
7 promote healthy nutrition and provide high-quality health care to  
8 the citizens of Texas; and

9 WHEREAS, The dedication of a special day to focus attention  
10 on the benefits of nutrition education and sound nutrition  
11 practices will contribute to the well-being and health of the Texas  
12 public; now, therefore, be it

13 RESOLVED, That the House of Representatives of the 78th Texas  
14 Legislature hereby recognize March 6, 2003, as Texas Dietetic  
15 Association Legislative Day at the State Capitol as an opportunity  
16 to encourage all Texans to further educate themselves about the  
17 critical role of sound nutrition practices in personal well-being  
18 and health; and, be it further

19 RESOLVED, That the House of Representatives commend the Texas  
20 Dietetic Association and its members for their contributions to the  
21 health of the citizens of our state.

Capelo

H.R. No. 376

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Speaker of the House

I certify that H.R. No. 376 was adopted by the House on March 6, 2003, by a non-record vote.

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Chief Clerk of the House