

By: McClendon

H.R. No. 726

R E S O L U T I O N

1 WHEREAS, June 2003 is Menopause Awareness Month, providing an
2 opportunity for Texans to learn more about this natural condition
3 that normally affects women between the ages of 40 and 55; and

4 WHEREAS, Bringing a change of life that can be accompanied by
5 symptoms that range from mild to severe and that include such
6 problems as mood swings and hot flashes, menopause is a transition
7 period during which a woman's body decreases the production of
8 estrogen and progesterone; and

9 WHEREAS, The long-term health risks associated with
10 menopause include osteoporosis, heart disease, and various other
11 health issues; more than 50 percent of women over the age of 50 will
12 suffer an osteoporotic fracture or die from cardiovascular disease;
13 and

14 WHEREAS, Many women do not have access to health care
15 professionals who can help them evaluate the extensive and often
16 complex literature about menopause and their health or explain the
17 variety of treatment options available to them; and

18 WHEREAS, This special month is an important public awareness
19 campaign through which women in our state can learn to deal with the
20 impact of menopause on their lives and assess the treatment options
21 for menopausal symptoms; now, therefore, be it

22 RESOLVED, That the House of Representatives of the 78th Texas
23 Legislature hereby recognize June 2003 as Menopause Awareness Month
24 in Texas and encourage all Texans to support efforts to provide

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1 women with the vital information and assistance needed to live
2 healthy lives during menopause.