

SENATE RESOLUTION NO. 683

**WHEREAS**, Massage therapists have been regulated in Texas since 1985, and there are currently over 19,000 registered therapists in our state; and

**WHEREAS**, Massage therapy provides relief to people of all ages, status, and health conditions, from athletes to executives, from laborers to office workers; and

**WHEREAS**, Stress is recognized as a major factor in disease, and massage therapy is an effective means of stress management; and

**WHEREAS**, Massage therapy is a proven means of preventative health care and is a restorative health service; and

**WHEREAS**, Massage therapy increases circulation, stimulates the natural defenses of the lymph system, improves range of motion and joint flexibility, lowers blood pressure, relaxes the muscles, and both specifically and generally improves health; and

**WHEREAS**, Massage therapy is a low cost, high-quality method of improving health, and an increased awareness of the benefits of massage therapy will contribute to the health and welfare of the residents of the State of Texas; now, therefore, be it

**RESOLVED**, That the Senate of the State of Texas, 78th Legislature, hereby recognize the benefits of massage therapy and proclaim the week of May 26 as Massage Therapy Awareness Week in our state.

Wentworth

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President of the Senate

I hereby certify that the above Resolution was adopted by the Senate on April 28, 2003.

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Secretary of the Senate

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Member, Texas Senate