By: Lucio S.B. No. 1379

A BILL TO BE ENTITLED

1	AN ACT
2	relating to a statewide initiative regarding the prevention and
3	treatment of obesity-related health concerns.
4	BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
5	SECTION 1. Subtitle E, Title 2, Health and Safety Code, is
6	amended by adding Chapter 114 to read as follows:
7	CHAPTER 114. OBESITY-RELATED TREATMENT AND
8	PREVENTION INITIATIVES
9	SUBCHAPTER A. NUTRITION AND HEALTH WORK GROUP
10	Sec. 114.001. DEFINITION. In this subchapter, "work group"
11	means the Nutrition and Health Work Group.
12	Sec. 114.002. APPOINTMENT OF WORK GROUP; TERMS OF MEMBERS.
13	(a) The Nutrition and Health Work Group is composed of the
14	<pre>following 7 members:</pre>
15	(1) the commissioner of education, or the
16	commissioner's designee, who must be an executive-level employee of
17	the Texas Education Agency;
18	(2) the commissioner of state health services, or the
19	commissioner's designee, who must be an executive-level employee of
20	the Department of State Health Services;
21	(3) the commissioner of agriculture, or the
22	commissioner's designee, who must be an executive-level employee of
23	the Department of Agriculture;
24	(4) the following public members, appointed by the

2	(A) a parent of a school-age child;
3	(B) a public school superintendent; and
4	(C) a member of a school board; and
5	(5) a physician who provides health services to
6	school-age children, appointed by the commissioner of state health
7	services.
8	(b) Public members of the work group serve staggered
9	six-year terms.
LO	Sec. 114.003. COMPENSATION; REIMBURSEMENT. A member of the
L1	work group may not receive compensation for service on the work
L2	group and may not be reimbursed for travel expenses incurred while
L3	conducting the business of the work group.
L4	Sec. 114.004. OPERATION OF WORK GROUP. (a) The members of
L5	the work group shall annually elect a member to serve as presiding
L6	officer.
L7	(b) The work group shall meet every six months and at the
L8	call of the presiding officer.
L9	(c) The work group may:
20	(1) seek expert testimony or assistance; and
21	(2) form subcommittees as needed to accomplish the
22	business of the work group.
23	(d) The work group is administratively supported by the
24	Texas Education Agency, the Department of State Health Services,
25	and the Department of Agriculture. The Texas Education Agency, the
26	Department of State Health Services, and the Department of
27	Agriculture shall adopt a memorandum of understanding on the

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commissioner of education:

- 1 provision of necessary staff and facilities to assist the work
- 2 group in performing its duties.
- 3 Sec. 114.005. REPORT. Not later than January 15 of each
- 4 odd-numbered year, the work group shall report to the governor, the
- 5 lieutenant governor, and the speaker of the house of
- 6 representatives on the activities of the work group during the
- 7 preceding two calendar years.
- 8 Sec. 114.006. GENERAL POWERS AND DUTIES. (a) The work
- 9 group shall develop and set priorities designed to improve the
- 10 <u>nutritional</u> health of children and adults, including
- 11 recommendations for activities and programs designed to reduce
- 12 obesity and nutrition-related chronic diseases.
- 13 (b) The work group shall:
- 14 (1) make recommendations to the Texas Education
- 15 Agency, the Department of State Health Services, the Department of
- 16 Agriculture, and other appropriate state and local governmental
- 17 entities regarding the priorities developed under Subsection (a);
- 18 (2) develop recommendations to promote participation
- 19 in the national school breakfast program, as consistent with
- 20 activities of the Texas Education Agency;
- 21 (3) develop statewide or targeted public awareness
- 22 campaigns to improve consumer health by promoting smaller portions
- 23 of food and publicizing the adverse consequences of obesity and
- 24 steps people may take to prevent and reverse obesity;
- 25 (4) recommend to the Texas Education Agency, the
- 26 Department of State Health Services, and the Department of
- 27 Agriculture programs designed to expand the use of Texas

- agricultural products in school breakfast and school lunch meals

 to:

 (A) improve the quality, nutritional content,

 and cost-efficiency of the meals; and

 (B) promote Texas agriculture, with special
- (5) identify and create menus for school breakfast and school lunch meals that are more attractive to students and help schools to develop methods to provide adequate time and space for students to eat school meals;

emphasis on fresh Texas-grown fruits and vegetables;

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- (6) collect information related to innovative
 community and school district partnerships designed to improve
 education regarding the benefits of healthy eating habits and
 regular physical activity, including partnerships with:
- 15 <u>(A) nonprofit organizations that provide health</u>
 16 and fitness programs for school-age children; and
- 17 <u>(B) local grocery providers to create donation</u>
 18 <u>programs to assist with universal breakfast and lunch programs for</u>
 19 <u>children in the district; and</u>
- 20 (7) develop with the assistance of school health
 21 advisory councils, school nurses, food service directors,
 22 teachers, and parents a statewide mentoring program for middle
 23 school and high school students using trained volunteer students to
 24 work with other students on weight and health issues, including
 25 diabetes, high blood pressure, and eating disorders.
- 26 Sec. 114.007. IMPLEMENTATION OF PUBLIC NUTRITION AND HEALTH
 27 AWARENESS CAMPAIGN. Subject to funds being appropriated for the

Τ	purpose, the Department of State Health Services shall implement
2	the statewide or targeted public awareness campaigns developed by
3	the work group.
4	[Sections 114.008-114.050 reserved for expansion]
5	SUBCHAPTER B. DEPARTMENT PROGRAMS
6	Sec. 114.051. FITNESS PROGRAMS. The Department of State
7	Health Services, with the assistance of the Texas Department of
8	Insurance, shall develop programs to encourage employers and health
9	insurers or other health benefit plan issuers to provide or
10	subsidize the cost of memberships to gyms or health clubs for
11	employees or covered persons.
12	Sec. 114.052. RESEARCH. The Department of State Health
13	Services, with the assistance of the Texas Department of Insurance,
14	shall encourage research to prevent and treat obesity and identify
15	evidence-based strategies to prevent and treat obesity that are
16	supported by research findings. The Department of State Health
17	Services may publish its findings regarding research to serve as
18	guidelines for the medical community and insurers or other health
19	benefit plan issuers in developing prevention or treatment plans
20	for obesity-related health concerns.
21	[Sections 114.053-114.100 reserved for expansion]
22	SUBCHAPTER C. COMMUNITY PROGRAMS TO PREVENT AND TREAT
23	OBESITY-RELATED HEALTH CONCERNS
24	Sec. 114.101. COMPREHENSIVE NUTRITION AND PHYSICAL
25	ACTIVITY PILOT PROGRAM. (a) The Department of State Health Services
26	shall develop and implement a five-year pilot program in one

community to improve nutrition and physical activity within that

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1	community.	
2	(b)	The community chosen for the pilot program must have a
3	population	of less than 100,000. In choosing the community in which
4	to implemen	nt the program the department shall consider:
5		(1) the prevalence of poor nutrition and physical
6	inactivity	in the community;
7		(2) the location of the community;
8		(3) the cost of reaching the community through media
9	available :	in the community; and
LO		(4) the diversity of the population in the community.
L1	(c)	The program must include:
L2		(1) an intensive public awareness campaign;
L3		(2) school and community intervention programs;
L4		(3) clinical programs; and
L5		(4) study and evaluation of program participants.
L6	<u>(d)</u>	In developing the pilot program, the department shall
L7	seek input	from members of the selected community, including:
L8		(1) elected officials;
L9		(2) community coalitions;
20		(3) schools and other academic institutions;
21		(4) local media outlets;
22		(5) hospitals and clinics;
23		(6) the local health authority, health department, or
24	public heal	lth district;
25		(7) businesses and industries;
26		(8) faith-based organizations; and
27		(9) other entities as appropriate.

1	(e) This section expires September 1, 2011.
2	Sec. 114.102. NUTRITION AND PHYSICAL ACTIVITY PROMOTION
3	ANALYSIS. (a) The Department of State Health Services, with
4	assistance from interested public and private entities, shall
5	analyze the local activities of a community related to the
6	improvement of nutrition and physical activity within that
7	community.
8	(b) In identifying a community in which to conduct the
9	analysis, the department shall consider the resources in the
10	community that are being expended for the purpose of preventing or
11	treating obesity-related health concerns in the community's
12	population, including the resources of:
13	(1) the local health authority, health department, or
14	<pre>public health district;</pre>
15	(2) the special supplemental nutrition program for
16	women, infants, and children;
17	(3) school-based health clinics or a coordinated
18	school health program;
19	(4) state or federal diabetes funding;
20	(5) state or federal obesity-prevention funding;
21	(6) local media outlets; and
22	(7) other available sources of support.
23	(c) The department shall:
24	(1) assist in coordinating the existing resources for
25	evaluation as a comprehensive obesity-prevention initiative;
26	(2) identify segments of the population that are not
27	reached by current resources; and

(3) determine whether current resources can be
expanded to reach the missing segments of the population.
(d) The department shall analyze whether current resource
in the community address:
(1) public awareness;
(2) school, community, and worksite interventions;
(3) clinical programs that improve nutrition ar
physical activity; and
(4) surveillance, research, and evaluation.
(e) In developing the program, the department shall collect
information regarding:
(1) the introduction of new health-related activities
into the community;
(2) the discontinuation of health-related activities
in the community;
(3) the rate of obesity and the number of overweigh
persons in the community; and
(4) if possible, the causes of obesity and excessive
weight gain.
(f) The department shall conduct the analysis over
five-year period.
(g) This section expires December 31, 2010.
SECTION 2. Subchapter Z, Chapter 33, Education Code,
amended by adding Sections 33.9011 and 33.9012 to read as follows:

DISTRICTS. (a) If at least 60 percent of the students enrolled in a

school district are eligible to participate in the national free or

Sec. 33.9011. OPERATION OF BREAKFAST PROGRAMS IN CERTAIN

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- 1 reduced-price breakfast program established under 42 U.S.C.
- 2 Section 1751 et seq., the district shall consider seeking approval
- 3 to act under the appropriate special assistance provision of the
- 4 program that allows the district to:
- 5 (1) offer free breakfast to all students enrolled at
- 6 each campus in the district; and
- 7 (2) reduce administrative costs and requirements
- 8 associated with the program.
- 9 (b) A school district shall offer free breakfast to every
- 10 child if funds are available for that purpose.
- 11 (c) A school district that does not have sufficient funds
- 12 available to provide breakfast under Subsection (b) may apply to
- 13 the agency for a grant under Section 33.9012 or to nonprofit
- 14 foundations, governmental entities, or other sources for grants for
- 15 that purpose.
- 16 Sec. 33.9012. BREAKFAST FUND; GIFTS, GRANTS, AND DONATIONS.
- 17 (a) The breakfast fund is an account established in the general
- 18 revenue fund. The fund is composed of money appropriated to the
- 19 fund and gifts, grants, and donations accepted for the fund under
- this section. Money in the breakfast fund may be appropriated only
- 21 to the agency to provide grants to school districts to operate
- 22 breakfast programs under Section 33.9011.
- (b) The agency may seek and accept gifts, grants, and
- 24 donations for the breakfast fund from appropriate nonprofit
- 25 foundations, governmental entities, and other sources.
- 26 (c) All gifts, grants, and donations of money accepted under
- 27 this section shall be deposited to the credit of the breakfast fund.

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- 1 SECTION 3. Subchapter D, Chapter 262, Occupations Code, is
- 2 amended by adding Section 262.153 to read as follows:
- 3 Sec. 262.153. DUTY TO PROVIDE NUTRITIONAL EDUCATION
- 4 INFORMATION. A dental hygienist shall provide nutritional
- 5 education information with dental hygiene services performed in
- 6 schools, Head Start centers, and day-care facilities to help
- 7 <u>establish good nutritional and oral care habits at the earliest age</u>
- 8 possible.
- 9 SECTION 4. Chapter 12, Agriculture Code, is amended by
- 10 adding Section 12.039 to read as follows:
- 11 Sec. 12.039. CHANGES IN SCHOOL NUTRITION POLICY. (a) In
- 12 establishing school nutrition policy, the commissioner shall seek
- 13 <u>input from the commissioner of education and the commissioner of</u>
- 14 state health services.
- (b) School nutrition policy may be more stringent than any
- 16 <u>recommended or required federal guidelines.</u>
- 17 (c) The Department of Agriculture may not change school
- 18 nutrition policy in a manner that would allow more competitive
- 19 foods or foods of minimal nutritional value to be served at a school
- than the amount allowed by the policy on January 1, 2005.
- 21 SECTION 5. (a) The Department of State Health Services
- 22 shall analyze and evaluate whether a statewide wellness council
- 23 would assist the department in promoting consumer health and
- 24 educating Texans on the importance of proper nutrition and physical
- 25 activity in preventing obesity-related health concerns. Not later
- 26 than September 1, 2006, the Department of State Health Services
- 27 shall submit a report to the governor, the lieutenant governor, and

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- 1 the speaker of the house of representatives regarding the
- 2 department's recommendation for the creation of a statewide
- 3 wellness council.
- 4 (b) The Texas Department of Insurance shall analyze and
- 5 evaluate the changes in law needed to require health insurers and
- 6 other health benefit plan issuers to provide coverage for the
- 7 treatment and prevention of obesity, including coverage for
- 8 counseling of overweight and obese individuals. Not later than
- 9 September 1, 2006, the Texas Department of Insurance shall submit a
- 10 report to the governor, the lieutenant governor, and the speaker of
- 11 the house of representatives regarding the department's
- 12 recommendations for required changes in law.
- SECTION 6. (a) Not later than July 1, 2006, the Department
- of State Health Services shall develop the pilot program required
- by Section 114.101, Health and Safety Code, as added by this Act,
- 16 and select the community in which to implement the pilot program.
- 17 (b) Not later than August 1, 2006, the Department of State
- 18 Health Services shall implement the pilot program required by
- 19 Section 114.101, Health and Safety Code, as added by this Act.
- (c) Not later than December 31 of each even-numbered year
- 21 through December 2010, the Department of State Health Services
- 22 shall submit a report to the governor, the lieutenant governor, and
- 23 the speaker of the house of representatives on the pilot program
- 24 required by Section 114.101, Health and Safety Code, as added by
- 25 this Act, regarding:
- 26 (1) the success of the pilot program in changing the
- 27 nutritional and physical activity within the community;

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- 1 (2) any problems encountered during the pilot program;
- 2 and
- 3 (3) the department's recommendations for the expansion
- 4 of the pilot program.
- 5 (d) The Department of State Health Services shall submit a
- 6 final report as described by Subsection (c) of this section not
- 7 later than December 31, 2011.
- 8 SECTION 7. (a) Not later than October 1, 2005, the
- 9 Department of State Health Services shall begin the analysis
- 10 required by Section 114.102, Health and Safety Code, as added by
- 11 this Act.
- 12 (b) Not later than December 31 of each even-numbered year
- 13 through December 2010, the Department of State Health Services
- 14 shall submit a report to the governor, the lieutenant governor, and
- 15 the speaker of the house of representatives regarding the
- department's findings and analysis under Section 114.102, Health
- 17 and Safety Code, as added by this Act.
- 18 SECTION 8. This Act takes effect September 1, 2005.