By: Garcia

H.B. No. 3540

## A BILL TO BE ENTITLED 1 AN ACT 2 relating to health benefit plan coverage for enrollees with autism 3 spectrum disorder. BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS: 4 SECTION 1. Chapter 1355, Insurance Code, is amended by 5 6 adding Subchapter F to read as follows: SUBCHAPTER F. HEALTH BENEFIT PLAN COVERAGE FOR ENROLLEE WITH 7 8 AUTISM SPECTRUM DISORDER Sec. 1355.251. DEFINITIONS. In this subchapter: 9 (1) "Autism spectrum disorder" means 10 а neurobiological disorder that includes autism, Asperger syndrome, 11 12 or Pervasive Developmental Disorder--Not Otherwise Specified. 13 (2) "Enrollee" means an individual who is enrolled in 14 a health benefit plan, including a covered dependent. (3) "Neurobiological disorder" means an illness of the 15 nervous system caused by genetic, metabolic, or other biological 16 17 factors. 18 Sec. 1355.252. APPLICABILITY OF SUBCHAPTER. (a) This subchapter applies only to a health benefit plan that provides 19 benefits for medical or surgical expenses incurred as a result of a 20 health condition, accident, or sickness, including an individual, 21 group, blanket, or franchise insurance policy or insurance 22 23 agreement, a group hospital service contract, or an individual or group evidence of coverage or similar coverage document that is 24

80R5150 PB-D

1 offered by: 2 (1) an insurance company; 3 (2) a group hospital service corporation operating 4 under Chapter 842; 5 (3) a fraternal benefit society operating under 6 Chapter 885; 7 (4) a stipulated premium insurance company operating 8 under Chapter 884; 9 (5) a reciprocal exchange operating under Chapter 942; 10 (6) a Lloyd's plan operating under Chapter 941; (7) a health maintenance organization operating under 11 12 Chapter 843; 13 (8) a multiple employer welfare arrangement that holds 14 a certificate of authority under Chapter 846; or 15 (9) an approved nonprofit health corporation that 16 holds a certificate of authority under Chapter 844. 17 (b) Notwithstanding Section 172.014, Local Government Code, or any other law, this subchapter applies to health and accident 18 19 coverage provided by a risk pool created under Chapter 172, Local Government Code. 20 (c) This subchapter applies to basic coverage provided 21 under Chapter 1551, a basic plan provided under Chapter 1575, a 22 primary care coverage plan provided under Chapter 1579, or basic 23 24 coverage provided under Chapter 1601. 25 Sec. 1355.253. EXCEPTION. This subchapter does not apply 26 to: (1) a plan that provides coverage: 27

H.B. No. 3540

	H.B. No. 3540
1	(A) only for benefits for a specified disease or
2	for another limited benefit, other than a plan that provides
3	benefits for mental health or similar services;
4	(B) only for accidental death or dismemberment;
5	(C) for wages or payments in lieu of wages for a
6	period during which an employee is absent from work because of
7	sickness or injury;
8	(D) as a supplement to a liability insurance
9	policy;
10	(E) only for dental or vision care; or
11	(F) only for indemnity for hospital confinement;
12	(2) a small employer health benefit plan written under
13	Chapter 1501;
14	(3) a Medicare supplemental policy as defined by
15	<pre>Section 1882(g)(1), Social Security Act (42 U.S.C. Section 1395ss);</pre>
16	(4) a workers' compensation insurance policy;
17	(5) medical payment insurance coverage provided under
18	an automobile insurance policy; or
19	(6) a long-term care insurance policy, including a
20	nursing home fixed indemnity policy, unless the commissioner
21	determines that the policy provides benefit coverage so
22	comprehensive that the policy is a health benefit plan as described
23	by Section 1355.252.
24	Sec. 1355.254. EXCLUSION OF COVERAGE AND DENIAL OF BENEFITS
25	PROHIBITED. A health benefit plan may not exclude coverage or deny
26	benefits otherwise available to an enrollee for treatment,
27	equipment, or therapy based on the enrollee's having autism

H.B. No. 3540

## 1 spectrum disorder. 2 Sec. 1355.255. REQUIRED COVERAGE FOR CERTAIN CHILDREN. (a) At a minimum, a health benefit plan must provide coverage as 3 4 provided by this section to an enrollee older than two years of age and younger than six years of age who is diagnosed with autism 5 6 spectrum disorder. If an enrollee who is being treated for autism 7 spectrum disorder becomes six years of age or older and continues to need treatment, this subsection does not preclude coverage of 8 9 treatment and services described by Subsection (b). (b) The health benefit plan must provide coverage under this 10 subchapter to the enrollee for all generally recognized services 11 12 prescribed in relation to autism spectrum disorder by the enrollee's primary care physician in the treatment plan recommended 13 by that physician. An individual providing treatment prescribed 14 15 under this subsection must be a health care practitioner who is licensed, certified, or registered by an appropriate agency of this 16 17 state or the United States. For purposes of this subsection, "generally recognized services" may include services such as: 18 19 applied behavioral analysis; 20 (2) behavior training and behavior management; 21 (3) speech therapy; 22 (4) occupational therapy; 23 (5) physical therapy; or 24 (6) medications or nutritional supplements used to 25 address symptoms of autism spectrum disorder. (c) Coverage under Subsection (b) may be subject to annual 26 27 deductibles, copayments, and coinsurance that are consistent with

H.B. No. 3540 annual deductibles, copayments, and coinsurance required for other 1 2 coverage under the health benefit plan. Sec. 1355.256. RULES. The commissioner shall adopt rules 3 as necessary to administer this subchapter. 4 5 SECTION 2. Section 1355.001(1), Insurance Code, is amended 6 to read as follows: "Serious mental illness" means the following 7 (1)psychiatric illnesses as defined by the American Psychiatric 8 9 Association in the Diagnostic and Statistical Manual (DSM): 10 (A) bipolar disorders (hypomanic, manic, depressive, and mixed); 11 depression in childhood and adolescence; 12 (B) major depressive disorders (single episode 13 (C) 14 or recurrent); 15 (D) obsessive-compulsive disorders; paranoid and other psychotic disorders; 16 (E) 17 (F) [pervasive developmental disorders; [<del>(C)</del>] schizo-affective disorders (bipolar 18 or 19 depressive); and (G) [(H)] schizophrenia. 20 21 SECTION 3. Section 1507.004, Insurance Code, is amended by adding Subsection (c) to read as follows: 22 (c) A standard health benefit plan must include coverage as 23 required by Subchapter F, Chapter 1355, for treatment for an 24 25 enrollee with autism spectrum disorder. SECTION 4. Section 1507.054, Insurance Code, is amended to 26 read as follows: 27

H.B. No. 3540

Sec. 1507.054. STANDARD HEALTH BENEFIT PLANS AUTHORIZED;
<u>COVERAGE REQUIREMENT</u>. (a) A health maintenance organization
authorized to issue an evidence of coverage in this state may offer
one or more standard health benefit plans.

5 (b) A standard health benefit plan offered by a health 6 maintenance organization must include coverage as required by 7 <u>Subchapter F, Chapter 1355, for treatment for an enrollee with</u> 8 autism spectrum disorder.

9 SECTION 5. This Act applies only to a health benefit plan 10 delivered, issued for delivery, or renewed on or after January 1, 11 2008. A health benefit plan delivered, issued for delivery, or 12 renewed before January 1, 2008, is governed by the law as it existed 13 immediately before the effective date of this Act, and that law is 14 continued in effect for that purpose.

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SECTION 6. This Act takes effect September 1, 2007.