By: Alvarado H.B. No. 1877

## A BILL TO BE ENTITLED

1 AN ACT

- 2 relating to physical activity requirements for students enrolled in
- 3 public school prekindergarten programs.
- 4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
- 5 SECTION 1. Section 28.002(1), Education Code, is amended to
- 6 read as follows:
- 7 (1) A school district shall require a student enrolled in
- 8 <u>full-day prekindergarten, in kindergarten,</u> or <u>in</u> a grade level
- 9 below grade six to participate in moderate or vigorous daily
- 10 physical activity for at least 30 minutes throughout the school
- 11 year as part of the district's physical education curriculum or
- 12 through structured activity during a school campus's daily recess.
- 13 To the extent practicable, a school district shall require a
- 14 student enrolled in prekindergarten on less than a full-day basis
- 15 to participate in the same type and amount of physical activity as a
- 16 student enrolled in full-day prekindergarten. A school district
- 17 shall require students enrolled in grade levels six, seven, and
- 18 eight to participate in moderate or vigorous daily physical
- 19 activity for at least 30 minutes for at least four semesters during
- 20 those grade levels as part of the district's physical education
- 21 curriculum. If a school district determines, for any particular
- 22 grade level below grade six, that requiring moderate or vigorous
- 23 daily physical activity is impractical due to scheduling concerns
- 24 or other factors, the district may as an alternative require a

H.B. No. 1877

- 1 student in that grade level to participate in moderate or vigorous
- 2 physical activity for at least 135 minutes during each school week.
- 3 Additionally, a school district may as an alternative require a
- 4 student enrolled in a grade level for which the district uses block
- 5 scheduling to participate in moderate or vigorous physical activity
- 6 for at least 225 minutes during each period of two school weeks. A
- 7 school district must provide for an exemption for:
- 8 (1) any student who is unable to participate in the
- 9 required physical activity because of illness or disability; and
- 10 (2) a middle school or junior high school student who
- 11 participates in an extracurricular activity with a moderate or
- 12 vigorous physical activity component that is considered a
- 13 structured activity under rules adopted by the commissioner.
- SECTION 2. This Act applies beginning with the 2009-2010
- 15 school year.
- SECTION 3. This Act takes effect immediately if it receives
- 17 a vote of two-thirds of all the members elected to each house, as
- 18 provided by Section 39, Article III, Texas Constitution. If this
- 19 Act does not receive the vote necessary for immediate effect, this
- 20 Act takes effect September 1, 2009.