By: Lucio III H.B. No. 4630

A BILL TO BE ENTITLED

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1	AN ACT

- 2 relating to the state employee wellness program.
- 3 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
- 4 SECTION 1. Section 664.053(b), Government Code, is amended
- 5 to read as follows:
- 6 (b) The statewide wellness coordinator shall:
- 7 (1) coordinate with other agencies that administer a
- 8 health benefits program under Chapter 1551, Insurance Code, as
- 9 necessary to develop the model wellness program, prevent
- 10 duplication of efforts, provide information and resources to
- 11 employees, and encourage the use of wellness benefits included in
- 12 the health benefits program;
- 13 (2) maintain a set of Internet links to health
- 14 resources for use by state employees;
- 15 (3) design an outreach campaign to educate state
- 16 employees about health and fitness-related resources, including
- 17 available exercise facilities, online tools, and health and
- 18 fitness-related organizations;
- 19 (4) study the implementation and participation rates
- 20 of state agency worksite wellness programs and report the findings
- 21 to the legislature biennially; [and]
- 22 (5) organize an annual conference hosted by the
- 23 department for all state agency wellness councils; and
- 24 (6) create an online questionnaire for state agency

- 1 <u>heads to report information, including:</u>
- 2 (A) the agency policy on leave time for employees
- 3 to complete a health risk assessment;
- 4 (B) the agency policy on leave time for employees
- 5 to receive an annual physical examination;
- 6 (C) the agency policy on providing employees time
- 7 <u>during the workday to exercise; and</u>
- 8 (D) whether the agency has a wellness coordinator
- 9 or council.
- SECTION 2. Section 664.061, Government Code, is amended to
- 11 read as follows:
- Sec. 664.061. AGENCY WELLNESS POLICIES. (a) A state agency
- 13 shall create a worksite wellness policy that is annually updated
- 14 and submitted to the statewide wellness coordinator.
- 15 (b) The executive head of a state agency shall submit the
- 16 agency's worksite wellness information to the statewide wellness
- 17 coordinator annually through the online questionnaire under
- 18 Section 664.053(b)(6).
- 19 (c) A state agency may:
- 20 (1) allow each employee 30 minutes during normal
- 21 working hours for exercise three times each week;
- 22 (2) allow all employees to attend on-site wellness
- 23 seminars when offered; and
- 24 (3) provide four [eight] hours of additional leave
- 25 time each year to an employee who [+
- [$\frac{(A)}{(A)}$] receives a physical examination.
- 27 (d) A state agency shall provide four hours of leave time

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1 $\underline{\text{each year to an employee who}}$ [; and

- 2 [(B)] completes either an online health risk
- 3 assessment tool provided by the board or a similar health risk
- 4 assessment conducted in person by a worksite wellness coordinator.
- 5 SECTION 3. This Act takes effect September 1, 2009.