

R E S O L U T I O N

1 WHEREAS, Complementary and alternative medicine is a group of
2 diverse medical and health care systems, practices, and products
3 that are used in addition to or in place of conventional medicine to
4 treat all aspects of well-being; and

5 WHEREAS, Texans have long enjoyed the freedom to choose from
6 a wide variety of complementary and alternative modalities to
7 improve and sustain their health, and today numerous Texans receive
8 care from complementary and alternative health care providers; and

9 WHEREAS, A number of surveys, including one published in
10 December 2008 by the National Center for Complementary and
11 Alternative Medicine, have shown that these types of health care
12 services are used by individuals of all ages from diverse ethnic and
13 socioeconomic backgrounds; and

14 WHEREAS, Complementary and alternative medicine therapies
15 range from acupuncture and massage to natural products such as fish
16 oil and echinacea, and they are used to help treat an array of
17 diseases and conditions; and

18 WHEREAS, The health and welfare of countless people have been
19 enhanced by the practice of complementary and alternative health
20 care and an increased awareness of these therapies could benefit
21 many; now, therefore, be it

22 RESOLVED, That the House of Representatives of the 81st Texas
23 Legislature hereby recognize January 25-31, 2009, as Texas Health
24 Freedom Week and encourage all Texans to seek optimal health.

Corte

H.R. No. 213

Speaker of the House

I certify that H.R. No. 213 was adopted by the House on
January 29, 2009, by a non-record vote.

Chief Clerk of the House