H.R. No. 767

RESOLUTION

WHEREAS, The Texas House of Representatives is committed to supporting initiatives that safeguard the health of our state's residents, and in that spirit, the members of this chamber are promoting greater awareness of Lyme disease, which is a significant threat that can cause a range of serious symptoms and long-term health problems; and

WHEREAS, Often transmitted to humans by the bite of infected blacklegged ticks and sometimes by fleas or other insects, Lyme disease is the most frequently diagnosed tick-borne or insect-borne infection in the nation; though often associated with eastern parts of the United States and California, the disease has been present in the Lone Star State since at least the mid-1980s and may have afflicted as many as 20,000 Texans; and

WHEREAS, Symptoms of Lyme disease often begin with flu-like ailments, including fatigue, headache, fever and chills, joint pain, backache, sore throat, and nausea; these may be accompanied by a skin rash or a red area around the insect bite that may expand or take on a ring-like appearance; and

WHEREAS, If left untreated, Lyme disease can impact the heart and nervous system, causing irregular heartbeat, headaches, sleep disturbances, emotional instability, vision problems, and many other ailments; in stage three of the disease, victims may experience temporary or chronic arthritis and neurological abnormalities; and

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1 WHEREAS, By recognizing the symptoms, individuals can seek medical assistance early on, when antibiotic treatment is most 2 effective; but the best way to stop Lyme disease is to avoid it; 3 Texans can reduce their chances of being infected by taking 4 5 precautions such as using insect repellent during outdoor activities, by wearing long pants and tucking them into boots or 6 socks, and by keeping their pets free of ticks and fleas; and 7 8 WHEREAS, Education may be the most important defense against 9 Lyme disease, and the residents of the Lone Star State are encouraged to learn more about this dangerous infection and the 10 best ways to treat and prevent it; now, therefore, be it 11 RESOLVED, That the House of Representatives of the 81st Texas 12 Legislature hereby promote greater public awareness of Lyme disease 13 14 and urge all Texans to become better informed about its dangers and 15 symptoms.

> Bolton Herrero Howard of Travis

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Speaker of the House

I certify that H.R. No. 767 was adopted by the House on March 17, 2009, by a non-record vote.

Chief Clerk of the House