

R E S O L U T I O N

1 WHEREAS, April 3, 2009, marks the sixth annual observance of
2 National Walk to Work Day, and the city of Edinburg will celebrate
3 this occasion with its Healthy Living Festival and the kickoff to
4 its Walk or Bike to Work and School Week; and

5 WHEREAS, Endorsed by the United States Department of Health
6 and Human Services, National Walk to Work Day reminds Americans of
7 the many benefits of commuting on foot; walking saves money and gas,
8 a finite natural resource; it also reduces traffic congestion and
9 greenhouse gas emissions; and

10 WHEREAS, Walking is an excellent form of exercise that
11 strengthens the cardiovascular system, helps manage weight, and
12 lowers the risk of coronary heart disease, stroke, diabetes, and
13 other chronic illnesses; walking also has beneficial effects on
14 mood and sleep; and

15 WHEREAS, Sponsored by the city of Edinburg, the Edinburg
16 Environment Advisory Board, the Edinburg Cool Cities team, and Los
17 Caminos del Rio, the Healthy Living Festival is bringing together
18 public and private organizations to promote walking and bicycling,
19 and to support improvements in the quality of life and
20 sustainability of the community, as well as in the overall health of
21 its citizens; the event will highlight the pedestrian and bicycling
22 facilities that are available to residents, including bike lanes
23 and hike and bike trails; and

24 WHEREAS, Edinburg adopted the U.S. Conference of Mayors

1 Climate Protection Agreement in 2008 and is working to address such
2 key goals as creating a compact, walkable urban community and
3 promoting alternatives to automotive transportation; and

4 WHEREAS, Walking to work offers numerous financial,
5 environmental, and health benefits, and National Walk to Work Day
6 and Edinburg's Walk or Bike to Work and School Week are helping make
7 Texans more aware of these important advantages; now, therefore, be
8 it

9 RESOLVED, That the House of Representatives of the 81st Texas
10 Legislature hereby recognize April 3, 2009, as National Walk to
11 Work Day and recognize the week of April 3-10, 2009, as Walk or Bike
12 to Work and School Week in Edinburg and congratulate all those who
13 are enjoying a healthier commute.

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H.R. No. 851

Speaker of the House

I certify that H.R. No. 851 was adopted by the House on April 1, 2009, by a non-record vote.

Chief Clerk of the House