

By: Pena

H.R. No. 851

R E S O L U T I O N

1           WHEREAS, April 3, 2009, marks the sixth annual observance of  
2 National Walk to Work Day, and the city of Edinburg will celebrate  
3 this occasion with its Healthy Living Festival and the kickoff to  
4 its Walk or Bike to Work and School Week; and

5           WHEREAS, Endorsed by the United States Department of Health  
6 and Human Services, National Walk to Work Day reminds Americans of  
7 the many benefits of commuting on foot; walking saves money and gas,  
8 a finite natural resource; it also reduces traffic congestion and  
9 greenhouse gas emissions; and

10           WHEREAS, Walking is an excellent form of exercise that  
11 strengthens the cardiovascular system, helps manage weight, and  
12 lowers the risk of coronary heart disease, stroke, diabetes, and  
13 other chronic illnesses; walking also has beneficial effects on  
14 mood and sleep; and

15           WHEREAS, Sponsored by the city of Edinburg, the Edinburg  
16 Environment Advisory Board, the Edinburg Cool Cities team, and Los  
17 Caminos del Rio, the Healthy Living Festival is bringing together  
18 public and private organizations to promote walking and bicycling,  
19 and to support improvements in the quality of life and  
20 sustainability of the community, as well as in the overall health of  
21 its citizens; the event will highlight the pedestrian and bicycling  
22 facilities that are available to residents, including bike lanes  
23 and hike and bike trails; and

24           WHEREAS, Edinburg adopted the U.S. Conference of Mayors

1 Climate Protection Agreement in 2008 and is working to address such  
2 key goals as creating a compact, walkable urban community and  
3 promoting alternatives to automotive transportation; and

4 WHEREAS, Walking to work offers numerous financial,  
5 environmental, and health benefits, and National Walk to Work Day  
6 and Edinburg's Walk or Bike to Work and School Week are helping make  
7 Texans more aware of these important advantages; now, therefore, be  
8 it

9 RESOLVED, That the House of Representatives of the 81st Texas  
10 Legislature hereby recognize April 3, 2009, as National Walk to  
11 Work Day and recognize the week of April 3-10, 2009, as Walk or Bike  
12 to Work and School Week in Edinburg and congratulate all those who  
13 are enjoying a healthier commute.