By: Christian

H.R. No. 879

## RESOLUTION

1 WHEREAS, Through the efforts of the Healthy Nacogdoches 2 Coalition, the city of Nacogdoches has won gold level recognition 3 from the Texas Council on Cardiovascular Disease and Stroke; and

WHEREAS, The council began its Heart and Stroke Healthy City 4 5 Recognition Program in 2003 to promote good heart health practices by focusing on cities that implement beneficial policies and 6 7 activities; the program emphasizes proven interventions that improve physical activity and eating habits, reduce tobacco use, 8 9 and decrease response time to heart attacks and strokes; in conjunction with the Texas Department of State Health Services, the 10 11 council assesses such indicators as public information campaigns, city smoking ordinances, and health programs and daily physical 12 activity in public schools; and 13

WHEREAS, Hosted by Nacogdoches Memorial Hospital, the Healthy Nacogdoches Coalition brings together local businesses, schools, health organizations, and others concerned about public wellness; the year-old coalition has worked diligently to improve heart health in the community and was instrumental in the adoption of a municipal public smoking ban, which took effect in July 2008; and

21 WHEREAS, The coalition's numerous contributions include 22 increasing the safety of walking trails, promoting awareness of the 23 Walk Across Texas campaign, raising the profile of the local 24 farmers market, and developing a guide for local restaurants to

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highlight their healthy food choices; in achieving gold level
recognition, the city met all 40 criteria evaluated by the Texas
Council on Cardiovascular Disease and Stroke; and

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WHEREAS, Heart disease is the leading cause of death in the Lone Star State, and cardiovascular disease kills the third highest number of Texans; by promoting citywide and countywide changes to the health environment, the Healthy Nacogdoches Coalition is helping countless area residents lead longer, healthier lives; now, therefore, be it

10 RESOLVED, That the House of Representatives of the 81st Texas 11 Legislature hereby congratulate the Healthy Nacogdoches Coalition 12 on winning gold level recognition for their city from the Texas 13 Council on Cardiovascular Disease and Stroke and extend to 14 coalition members best wishes for continued success; and, be it 15 further

16 RESOLVED, That an official copy of this resolution be 17 prepared for the coalition as an expression of high regard by the 18 Texas House of Representatives.

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