By: McReynolds H.R. No. 1996

RESOLUTION

1 WHEREAS, The observance of CPR-AED Awareness Week from June 1 2 to June 7, 2009, provides a fitting opportunity for residents of the Lone Star State to learn about the life-saving benefits of 3 4 cardiopulmonary resuscitation and automated external 5 defibrillators; and 6 WHEREAS, A public awareness and training campaign sponsored 7 by the American Heart Association, the American Red Cross, and the National Safety Council, CPR-AED Week seeks to educate the public 8 9 about the dangers of heart disease and the effectiveness of administering CPR and using an AED in critical situations; and 10 11 WHEREAS, Heart disease is the leading cause of death in the 12 United States, affecting citizens of every race and age, and it is the most common reason for a cardiac arrest to result in a fatality; 13 14 cardiac arrest is the sudden and abrupt loss of heart function, and approximately 295,000 instances of it occur outside of a hospital 15 16 each year; in these cases, only 30 percent of the victims receive bystander-administered CPR, and more than 90 percent of the 17

20 which restores a normal heartbeat, but it must be performed within

individuals involved die before being discharged from a hospital;

the treatment for cardiac arrest is an electric shock to the heart,

21 minutes in order to be successful; and

WHEREAS, When CPR is delivered promptly, a victim's chance of survival doubles, and for every minute without it, the likelihood decreases by 7-10 percent; since the time period between the 9-1-1

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telephone call and the arrival of Emergency Medical Services 1 personnel is usually longer than five minutes, it is crucial for 2 witnesses of cardiac emergencies to assist victims as soon as possible; if a bystander administers CPR, the process helps 5 maintain blood flow to the heart and brain, and thereby increases 6 the amount of time in which an electric shock from a defibrillator may be effective; similarly, if a bystander uses an AED, which is 7 8 safe and easy to operate, immediately after the onset of symptoms, it is highly likely that the device will cause the heart to resume a 9 normal rhythm and that ventricular fibrillation will cease; and 10

11 WHEREAS, CPR-AED Awareness Week promotes greater 12 understanding of heart disease and cardiac arrest within our 13 communities, and it is contributing to the health and well-being of 14 people throughout Texas; now, therefore, be it

RESOLVED, That the House of Representatives of the 81st Texas

Legislature hereby recognize June 1 to June 7, 2009, as CPR-AED

Awareness Week in Texas and encourage all citizens to seek training

in CPR and AED usage.