By: Hinojosa S.C.R. No. 46

## CONCURRENT RESOLUTION

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WHEREAS, During the transition from childhood to adulthood, adolescents often fail to receive regular primary health care screenings and treatment that could greatly improve their current and future health; and

6 WHEREAS, Many adolescents are adversely affected by serious health and safety issues, such as motor vehicle crashes, violence, 7 8 and substance abuse; they also struggle to adopt behaviors that could decrease their risk of developing chronic diseases in 9 10 adulthood--behaviors such as eating nutritiously, engaging in physical activity, and choosing not to use tobacco; a number of 11 12 environmental factors, such as family, peer group, school, and 13 community characteristics, contribute to the challenges that adolescents face; and 14

15 WHEREAS, Adolescence is a critical time for developing positive habits and skills that can lead to healthy behaviors over 16 17 an individual's lifetime; the Institute of Medicine and the National Research Council conducted a study that found that one 18 important factor in designing an adolescent health service is the 19 focus on prevention of disease; one of the conclusions of the study 20 21 was the "prevention, early intervention and timely treatment 22 improve the health status for adolescents, prepare them for healthy adulthood, and decrease the incidence of many chronic diseases in 23 24 adulthood"; and

1 WHEREAS, In the past few years, immunizations have been 2 licensed to provide protection for teens against such illnesses as infections, pertussis, or whooping cough, 3 meningococcal 4 cervical cancer; the Advisory Committee on Immunization Practices specifically recommends the use of FDA-approved vaccines for 5 pertussis, tetanus, and meningitis, in adolescents; a national 6 7 survey conducted by the Centers for Disease Control and Prevention (CDC) found, however, that immunization coverage levels among 8 adolescents in 2006 failed to meet the Healthy People 2010 9 objective of 90 percent coverage for youth aged 13 through 15 for 10 11 any of the vaccines measured; and WHEREAS, Numerous organizations have emphasized the

12 13 importance of routine screenings and inoculations in promoting the health of adolescents; the Society for Adolescent Medicine has 14 15 found that adolescent well physicals are one of the most effective 16 of preventive care tools for ensuring continued health from childhood to adulthood and that adolescents who regularly visit a 17 primary care physician are less likely to visit emergency rooms and 18 have preventable hospitalizations and are more likely to receive 19 20 recommended immunizations and other evidence-based health care services; and 21

WHEREAS, The Texas Department of State Health Service (DSHS) is the agency responsible for the implementation of the Adolescent Health Program, which maintains a comprehensive and holistic view of adolescents' health and well-being and provides information on adolescent health through consultation, technical assistance, and educational presentations to local, state, public, and private

- 1 agencies; in addition, DSHS is the agency that houses the Texas
- 2 Nutrition, Physical Activity and Obesity Prevention Program, the
- 3 Texas Asthma Control Program, the Immunization Branch, and the
- 4 School Health Program, all of which have a significant, positive
- 5 impact on the health and well-being of adolescent Texans; and
- 6 WHEREAS, The Texas Education Agency (TEA) provides education
- 7 to children and parents about healthy practices and behaviors
- 8 through the curriculum it requires for health, fitness, and life
- 9 skills courses, as well as through the activity of the TEA Division
- 10 of Health and Safety, which provides coordination, leadership,
- 11 policy development, and implementation assistance for specific
- 12 state and federal requirements and programs that emphasize
- 13 providing students with opportunities to achieve their maximum
- 14 potential for a safe and healthy lifestyle; and
- WHEREAS, Additionally, the Health Resources and Services
- 16 Administration of the U.S. Department of Health and Human Services
- 17 has developed, in conjunction with the American Academy of
- 18 Pediatricians, the Bright Futures initiative, which provides a set
- 19 of guidelines for adolescent care, including recommendations on
- 20 immunizations and routine health screenings; for its part, the CDC
- 21 has launched a national campaign to raise awareness about
- 22 adolescent health and immunizations; and
- WHEREAS, Parents' awareness of the need for adolescent well
- 24 visits is a crucial factor in determining whether their children
- 25 receive routine health care and preventive treatment; now,
- 26 therefore, be it
- 27 RESOLVED, That the 81st Legislature of the State of Texas

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- 1 hereby express its support of efforts to improve adolescent health
- 2 by educating parents about the fundamental importance of
- 3 adolescents' receiving regular physical exams and updated
- 4 immunizations; and, be it further
- 5 RESOLVED, That the legislature direct the Texas Department of
- 6 State Health Services and the Texas Education Agency and all other
- 7 state agencies that provide information, services, or support to
- 8 adolescent Texans or their parents to seek out opportunities to
- 9 educate them as to the importance of these exams and of acquiring
- 10 recommended immunizations and the positive impact that these
- 11 measures will have on adolescents' long-term health and well-being;
- 12 and, be it further
- 13 RESOLVED, That the Texas secretary of state forward an
- 14 official copy of this resolution to the commissioner of the Texas
- 15 Department of State Health Services and the commissioner of
- 16 education.