SENATE RESOLUTION NO. 79

WHEREAS, The Senate of the State of Texas is pleased to join the American Heart Association in recognizing February 6, 2009, as National Wear Red Day in Texas; and

WHEREAS, Diseases of the heart are the nation's leading cause of death, and stroke is the third leading cause of death; the direct and indirect costs of cardiovascular diseases in the United States, including strokes, are estimated at $475 billion for the year 2008; and

WHEREAS, Cardiovascular disease claims the lives of some 455,000 American women each year; more women die of heart disease, stroke, or other cardiovascular disease than of the next five leading causes of death combined, including all cancers; and

WHEREAS, Women account for 53 percent of deaths from cardiovascular disease and 61 percent of deaths from strokes; however, only 21 percent of women regard cardiovascular disease as their greatest health risk; and

WHEREAS, Go Red For Women is the American Heart Association's national call to increase awareness about heart disease and to inspire women to take charge of their heart health; and

WHEREAS, American Heart Month is observed during the month of February, and Wear Red Day on February 6, 2009, is an opportunity for all citizens to show their support for women in the fight against heart disease; now, therefore, be it

RESOLVED, That the Senate of the State of Texas, 81st Legislature, hereby designate February 6, 2009, as National Wear Red Day in Texas and encourage women and the men who care about them to wear red on that day to help increase awareness about women's risk for cardiovascular disease and to show support for women who are taking charge of their heart health and reducing their risks; and, be it further

RESOLVED, That a copy of this Resolution be prepared in commemoration of National Wear Red Day.

Nelson

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President of the Senate

I hereby certify that the above Resolution was adopted by the Senate on February 4, 2009.

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Secretary of the Senate

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Member, Texas Senate