

By: Gutierrez

H.R. No. 761

R E S O L U T I O N

1           WHEREAS, Raising awareness about the nutritional needs of  
2 young Americans and the availability of the School Breakfast  
3 Program are the goals of National School Breakfast Week, which is  
4 being held March 7-11, 2011; and

5           WHEREAS, The School Breakfast Program was initially  
6 established in 1966 as a two-year pilot project geared toward  
7 schools located in poor areas or at a great distance from where many  
8 of their students lived; the pilot project was extended several  
9 times before Congress permanently authorized the program in 1975  
10 for "all schools where it is needed to provide adequate nutrition  
11 for children in attendance"; and

12           WHEREAS, Eating a nutritious breakfast on a daily basis helps  
13 children maintain a healthy weight, and there is an established  
14 link between the first meal of the day and academic success; studies  
15 have shown improved student performance on standardized tests for  
16 those eating breakfast closer to the start of class time, and  
17 participation in the program has also been shown to reduce  
18 absenteeism and tardiness; and

19           WHEREAS, School Breakfast Program meals meet federal dietary  
20 guidelines, and Texas farmers and ranchers provide many of the  
21 items served; more than 1,000 school districts and over 7,000  
22 schools in the state are involved in the program, which serves an  
23 average of nearly 1.4 million young people each day; and

24           WHEREAS, Often called the most important meal of the day,

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1 breakfast provides the nutrients and energy that students need to  
2 perform their best, and the School Breakfast Program has made a  
3 positive difference in the lives of needy children and their  
4 families for more than four decades; now, therefore, be it

5       RESOLVED, That the House of Representatives of the 82nd Texas  
6 Legislature hereby recognize March 7-11, 2011, as National School  
7 Breakfast Week and encourage Texans to learn more about this  
8 worthwhile effort.