

R E S O L U T I O N

1           WHEREAS, In just one year, The University of Texas Community  
2 Outreach has made a measurable difference in the effort to prevent  
3 and control diabetes; and

4           WHEREAS, UTCO currently serves people in Cameron, Galveston,  
5 Nueces, and Webb Counties who have diabetes or are at risk of  
6 developing the disease; the program employs Department of State  
7 Health Services-certified Community Health Workers to guide  
8 education, nutrition, and physical activity interventions, and  
9 between September 2009 and November 2010, UTCO achieved more than  
10 39,000 contacts; and

11           WHEREAS, Economic savings and health impacts as a result of  
12 this outreach have already been documented; a survey of Brownsville  
13 clients revealed that only 40.9 percent met physical activity  
14 guidelines without the intervention of a Community Health Worker,  
15 while 59.1 percent met the guidelines if a trained UTCO Community  
16 Health Worker guided an intervention; moreover, UTCO has seen  
17 decreases in participants' blood glucose levels, abdominal weight,  
18 and overall weight; and

19           WHEREAS, The average annual cost to treat an individual with  
20 diabetes is \$12,000; for a fraction of that, \$21.50 per at-risk  
21 individual per year, UTCO provides in-home prevention assistance,  
22 screening and monitoring, media campaigns, exercise and nutrition  
23 classes, and facilities; the average lifetime treatment cost for a  
24 diabetic with end-stage renal disease is \$1.5 million, while the

1 UTCO annual budget for reaching 80,000 people in four counties is  
2 only \$3 million; and

3 WHEREAS, A diabetes epidemic is overwhelming the state and  
4 draining taxpayer funds; the low-cost UTCO model shifts the  
5 emphasis from treatment to prevention, utilizing permanent local  
6 expertise and infrastructure, and the program is indeed deserving  
7 of recognition; now, therefore, be it

8 RESOLVED, That the House of Representatives of the 82nd Texas  
9 Legislature hereby honor The University of Texas Community Outreach  
10 for its achievements in promoting community-based prevention and  
11 control of diabetes and obesity and commend all those associated  
12 with UTCO for their outstanding efforts; and, be it further

13 RESOLVED, That an official copy of this resolution be  
14 prepared for The University of Texas Community Outreach as an  
15 expression of high regard by the Texas House of Representatives.

Raymond

Straus	Gonzales of Williamson	Morrison
Aliseda	Gonzalez	Munoz, Jr.
Allen	Gooden	Murphy
Alonzo	Guillen	Naishtat
Alvarado	Gutierrez	Nash
Anchia	Hamilton	Oliveira
Anderson of Dallas	Hancock	Orr
Anderson of McLennan	Hardcastle	Otto
Aycock	Harless	Parker
Beck	Harper-Brown	Patrick
Berman	Hartnett	Paxton
Bohac	Hernandez Luna	Pena
Bonnen	Hilderbran	Perry
Branch	Hochberg	Phillips
Brown	Hopson	Pickett
Burkett	Howard of Fort Bend	Pitts
Burnam	Howard of Travis	Price
Button	Huberty	Quintanilla
Cain	Hughes	Raymond
Callegari	Hunter	Reynolds
Carter	Isaac	Riddle
Castro	Jackson	Ritter
Chisum	Johnson	Rodriguez
Christian	Keffer	Schwertner
Coleman	King of Parker	Scott
Cook	King of Taylor	Sheets
Craddick	King of Zavala	Sheffield
Creighton	Kleinschmidt	Shelton
Crownover	Kolkhorst	Simpson
Darby	Kuempel	Smith of Harris
Davis of Dallas	Landtroop	Smith of Tarrant
J. Davis of Harris	Larson	Smithee
S. Davis of Harris	Laubenberg	Solomons
Deshotel	Lavender	Strama
Driver	Legler	Taylor of Collin
Dukes	Lewis	Taylor of Galveston
Dutton	Lozano	Thompson
Eiland	Lucio III	Torres
Eissler	Lyne	Truitt
Elkins	Madden	Turner
Farias	Mallory Caraway	Veasey
Farrar	Margo	Villarreal
Fletcher	Marquez	Vo
Flynn	Martinez	Walle
Frullo	Martinez Fischer	Weber
Gallego	McClendon	White
Garza	Menendez	Woolley
Geren	Miles	Workman
Giddings	Miller of Comal	Zedler
Gonzales of Hidalgo	Miller of Erath	Zerwas

H.R. No. 1386

---

Speaker of the House

I certify that H.R. No. 1386 was adopted by the House on April 28, 2011, by a non-record vote.

---

Chief Clerk of the House