By: Gonzales of Hidalgo

H.R. No. 1802

RESOLUTION

1 WHEREAS, Diabetic peripheral neuropathy (DPN) is a serious

2 condition that damages nerve fibers through prolonged exposure to

high amounts of glucose in the bloodstream as a result of diabetes;

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5 WHEREAS, In Texas, an estimated 1.7 million adults are living

6 with diabetes, and well over 400,000 are believed to have

7 undiagnosed diabetes; more than half of all diabetics suffer from

8 DPN, which often results in pain or numbness in the feet, but can

9 affect nearly any nerve in the body; and

10 WHEREAS, Because DPN affects the very ends of nerves first,

starting with the longest nerves, feet and legs are often affected

12 initially, followed by hands and arms; possible signs and symptoms

13 include numbness or reduced ability to feel pain or changes in

14 temperature, a tingling or burning sensation, sharp, jabbing pain

15 that may be worse at night, pain or difficulty when walking, extreme

16 sensitivity to the lightest touch, muscle weakness, and foot

17 problems such as ulcers, infections, and deformities; and

WHEREAS, Exercise is critical in managing diabetes, but DPN

19 can make it difficult to stay physically active, diminishing

20 glycemic control and making sufferers more likely to develop

21 additional health problems, including further nerve damage; people

22 with neuropathy need to take special care of their feet, as loss of

23 sensation means that sores or injuries may not be noticed and can

24 become ulcerated or infected; and

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WHEREAS, The leading cause of amputations in the United 1 States, DPN causes from 40 to 60 percent of lower extremity 2 amputations, but comprehensive foot care programs may reduce 3 4 amputation rates by an estimated 45 to 85 percent; and WHEREAS, It is vital that people with diabetes make healthy 5 6 lifestyle choices to keep blood sugar under control, and that they be aware of the warning signs of DPN and seek early diagnosis in 7 8 order to limit complications and potentially delay the onset or progression of this life-changing condition; now, therefore, be it 9 RESOLVED, That the House of Representatives of the 82nd Texas 10 Legislature hereby recognize May 16-20, 2011, as Diabetic 11

Peripheral Neuropathy Awareness Week and encourage all Texans to

13 learn more about the dangers of DPN.

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