

SENATE RESOLUTION NO. 650

WHEREAS, The Senate of the State of Texas is pleased to join Texans across the state in observing April of 2011 as Foot Health Awareness Month; and

WHEREAS, Certain types of foot ailments can be an indicator of diabetes, a condition that has been diagnosed in 1.7 million adults in Texas and is believed to affect another 425,000 persons who have not yet been diagnosed; and

WHEREAS, Persons with diabetes are at risk of developing nerve damage known as peripheral neuropathy, which can result from prolonged exposure to high amounts of glucose in the bloodstream and can cause intense pain, a tingling sensation, or numbness; and

WHEREAS, It is estimated that some two-thirds of people with diabetes have some degree of nervous system damage, and 20 percent suffer from painful diabetic peripheral neuropathy; and

WHEREAS, The pain or numbness of peripheral neuropathy can interfere with daily activities and reduce mobility, making it difficult to exercise and stay active, a critical component of diabetes management; this can lead to further health problems, including more nerve damage; it can also allow minor foot injuries to go unnoticed and develop into more serious and potentially permanent disabilities that can significantly affect quality of life; and

WHEREAS, Early detection of peripheral neuropathy can lead to better management of the condition through certain lifestyle adjustments which can prevent its progression; it is essential for people who have or might have diabetes to be aware of the warning signs of diabetic peripheral neuropathy and to regularly

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monitor the condition of their feet; they can also undergo periodic screening for this condition through simple clinical tests; now, therefore, be it

RESOLVED, That the Senate of the State of Texas, 82nd Legislature, hereby recognize April of 2011 as Foot Health Awareness Month and encourage all persons with diabetes to consult their physician about diabetic peripheral neuropathy and receive appropriate screening; and, be it further

RESOLVED, That a copy of this Resolution be prepared in honor of Foot Health Awareness Month.

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President of the Senate

I hereby certify that the above Resolution was adopted by the Senate on March 29, 2011.

Secretary of the Senate

Member, Texas Senate