

SENATE RESOLUTION NO. 972

WHEREAS, Stroke is a leading cause of serious long-term disability and the third leading cause of death in the United States, killing over 136,000 people nationwide each year; and

WHEREAS, Warning signs of stroke include sudden numbness or weakness of the face, arm, or leg, especially on one side of the body; sudden confusion, trouble speaking or understanding; sudden trouble seeing in one or both eyes; sudden trouble walking, dizziness, loss of balance or coordination; and sudden severe headache with no known cause; and

WHEREAS, Americans are more aware of the risk factors and warning signs for stroke than in the past, but two in five adults still cannot identify any symptoms; and

WHEREAS, The theme for American Stroke Month 2011 is "Take 2 to Save 2"; the goal is to encourage people to take two minutes to save two lives by sending two health messages to two people that they know who may smoke, be overweight, or have high blood pressure, diabetes, or a family history of heart disease or stroke and who are therefore at increased risk of being disabled or dying from a stroke; and

WHEREAS, Another goal of American Stroke Month 2011 is to promote the program "Power To End Stroke," which aims to reduce stroke in African Americans, who are at particularly high risk, by empowering them to reduce their risk, recognize the warning signs, and respond quickly; and

WHEREAS, New and effective treatments have been developed to treat and minimize the severity and damaging effects of strokes, but much more research is needed; now, therefore, be it

RESOLVED, That the Senate of the State of Texas, 82nd Legislature, hereby proclaim May of 2011 to be American Stroke Month in Texas and urge all the citizens of this state to familiarize themselves with the risk factors associated with stroke, recognize the warning signs and symptoms, and on first signs of a stroke dial 9-1-1 immediately so that we might begin to reduce the devastating effects of stroke on our population; and, be it further

RESOLVED, That a copy of this Resolution be prepared in honor of American Stroke Month 2011.

Nelson

President of the Senate

I hereby certify that the above Resolution was adopted by the Senate on May 12, 2011.

Secretary of the Senate

Member, Texas Senate