By: Strama H.B. No. 1143

## A BILL TO BE ENTITLED

| ⊥ | AN ACT |
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- 2 relating to certain mental health and medical services for children
- 3 in foster care and the conservatorship of the state, including the
- 4 administration of psychotropic drugs.
- 5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
- 6 SECTION 1. Section 266.001, Family Code, is amended by
- 7 adding Subdivisions (6) and (7) to read as follows:
- 8 (6) "Mental illness" has the meaning assigned by
- 9 Section 571.003, Health and Safety Code.
- 10 (7) "Psychotropic drug" has the meaning assigned by
- 11 Section 261.111.
- 12 SECTION 2. The heading to Section 266.005, Family Code, is
- 13 amended to read as follows:
- 14 Sec. 266.005. PARENTAL NOTIFICATION OF CERTAIN
- 15 [SIGNIFICANT] MEDICAL CONDITIONS OR ENROLLMENT OR PARTICIPATION IN
- 16 DRUG RESEARCH PROGRAM.
- SECTION 3. Section 266.005(b), Family Code, is amended to
- 18 read as follows:
- 19 (b) Except as provided by Subsection (c), the department
- 20 shall make reasonable efforts to notify the child's parents within
- 21 24 hours of:
- 22 (1) a significant medical condition involving a foster
- 23 child; [and]
- 24 (2) the enrollment or participation of a foster child

- 1 in a drug research program under Section 266.0041;
- 2 (3) the diagnosis of a foster child with a mental
- 3 illness; or
- 4 (4) the prescription of a psychotropic drug for a
- 5 foster child.
- 6 SECTION 4. Subchapter A, Chapter 266, Family Code, is
- 7 amended by adding Sections 266.011, 266.012, 266.013, 266.014, and
- 8 266.015 to read as follows:
- 9 Sec. 266.011. PRIOR AUTHORIZATION FOR CERTAIN PSYCHOTROPIC
- 10 DRUGS. The executive commissioner shall adopt rules requiring
- 11 prior authorization from the STAR Health Medicaid managed care
- 12 program before a psychotropic drug prescribed for a foster child
- 13 may be dispensed. The rules must:
- 14 (1) prohibit a pharmacy from dispensing a psychotropic
- 15 drug prescribed for a foster child until the pharmacy receives
- 16 prior authorization from the STAR Health Medicaid managed care
- 17 program for the prescribed psychotropic drug if the prescription is
- 18 <u>for:</u>
- (A) four or more psychotropic drugs to be taken
- 20 concurrently;
- 21 (B) two or more psychotropic drugs of the same
- 22 <u>class to be taken concurrently;</u>
- (C) a psychotropic drug prescribed for a child
- 24 younger than five years of age; or
- (D) a psychotropic drug the commission
- 26 determines should be reviewed; and
- 27 (2) require the STAR Health Medicaid managed care

- 1 program to respond to a request for authorization required under
- 2 Subdivision (1) not later than 24 hours after receiving the
- 3 request.
- 4 Sec. 266.012. MEDICAL REPORT FOR PRESCRIPTION OF
- 5 PSYCHOTROPIC DRUG. (a) The commission, in conjunction with the
- 6 department, and with the assistance of appropriate health and human
- 7 services agencies, community partners, and physicians and other
- 8 health care providers, shall develop a form to report the
- 9 prescription of a psychotropic drug to a foster child.
- 10 (b) The foster child's physician shall use the form
- 11 described by Subsection (a) to report the prescription of a
- 12 psychotropic drug to a foster child or a change in the dosage of a
- 13 psychotropic drug prescribed for the child and shall update the
- 14 report as appropriate to document the child's progress in reaching
- 15 <u>the child's treatment goals.</u>
- 16 (c) The executive commissioner shall adopt rules specifying
- 17 the information required to be included in the report. The report
- 18 must include:
- 19 (1) the child's diagnosis and a description of the
- 20 symptoms and behaviors for which the physician is prescribing the
- 21 psychotropic drug;
- 22 (2) any possible side effects of the psychotropic drug
- 23 that the child's care provider should monitor;
- 24 (3) a description of generally accepted alternatives
- 25 to the psychotropic drug, if any, and the reasons why the physician
- 26 believes that the alternatives are not appropriate;
- 27 (4) a description of clearly defined target symptoms

- 1 and treatment goals based on recognized clinical rating scales or
- 2 other measures to quantify the child's progress toward the
- 3 treatment goals;
- 4 (5) other information that the physician considers
- 5 appropriate, including the child's height, weight, blood pressure,
- 6 and laboratory results; and
- 7 (6) if the child has been taking the psychotropic drug
- 8 for longer than six months, the physician's analysis of the
- 9 necessity of continuing the psychotropic drug.
- 10 (d) The physician and the person authorized to consent to
- 11 medical care for the foster child under this chapter must review and
- 12 sign the medical report.
- 13 (e) The department shall make the medical report available
- 14 as part of the child's health passport described by Section
- 15 <u>266.006.</u>
- Sec. 266.013. COMPREHENSIVE ASSESSMENTS. Not later than
- 17 the 30th day after the date a child enters the conservatorship of
- 18 the department, the child shall receive a comprehensive,
- 19 multidisciplinary assessment that includes a screening for trauma.
- Sec. 266.014. ASSESSMENT REQUIRED BEFORE PRESCRIBING
- 21 PSYCHOTROPIC DRUG. Except for authorizing a refill of an existing
- 22 prescription or in an emergency that requires the urgent
- 23 administration of a psychotropic drug, a physician may not
- 24 prescribe a psychotropic drug for a foster child until the
- 25 assessment described by Section 266.013 is complete.
- Sec. 266.015. STUDY REGARDING USE OF PSYCHOTROPIC DRUGS;
- 27 REPORT. (a) The department shall review the use of psychotropic

- 1 drugs in the treatment of foster children.
- 2 (b) Not later than December 1 of each even-numbered year,
- 3 the department shall deliver a report on the review conducted under
- 4 Subsection (a), including an analysis of any trends in the use of
- 5 psychotropic drugs in the treatment of foster children, to the
- 6 governor, the lieutenant governor, and the speaker of the house of
- 7 <u>representatives.</u>
- 8 SECTION 5. Section 533.0161(b), Government Code, is amended
- 9 to read as follows:
- 10 (b) The commission shall implement a system under which the
- 11 commission will use Medicaid prescription drug data to monitor the
- 12 prescribing of psychotropic drugs for [children who are]:
- 13 (1) children who are in the conservatorship of the
- 14 Department of Family and Protective Services[+] and
- 15 [(2)] enrolled in the STAR Health Medicaid managed care
- 16 program or eligible for both Medicaid and Medicare; and
- 17 (2) children who are under the supervision of the
- 18 Department of Family and Protective Services through an agreement
- 19 under the Interstate Compact on the Placement of Children under
- 20 Subchapter B, Chapter 162, Family Code.
- 21 SECTION 6. (a) Except as provided by Subsection (b) of
- 22 this section, this Act takes effect September 1, 2013.
- 23 (b) Section 266.012, Family Code, as added by this Act,
- 24 takes effect February 1, 2014.