By: Coleman H.B. No. 3326

## A BILL TO BE ENTITLED

| AN ACT   |
|--|
| relating to health benefit plan coverage for an enrollee with            |
| certain mental disorders.  |
| BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:                  |
| ARTICLE 1. AMENDMENTS TO SUBCHAPTER A, CHAPTER 1355,                     |
| INSURANCE CODE   |
| SECTION 1.01. The heading to Subchapter A, Chapter 1355,                 |
| Insurance Code, is amended to read as follows:                           |
| SUBCHAPTER A. [GROUP] HEALTH BENEFIT PLAN COVERAGE FOR                   |
| CERTAIN [SERIOUS] MENTAL [ILLNESSES AND OTHER] DISORDERS                 |
| SECTION 1.02. Sections 1355.001 through 1355.007,                        |
| Insurance Code, are amended to read as follows:                          |
| Sec. 1355.001. DEFINITIONS. In this subchapter:                          |
| (1) <u>"Mental disorder"</u> [ <del>"Serious mental illness"</del> ]     |
| means <u>a disorder</u> [the following psychiatric illnesses] as defined |
| by the American Psychiatric Association in the Diagnostic and            |
| Statistical Manual of Mental Disorders, fourth edition, or in a          |
| subsequent edition of that manual that the commissioner adopts to        |
| take the place of the fourth edition or any subsequent edition for       |
| the purposes of this subdivision, that results in an impairment of a     |
| person's functioning in the person's community, employment, family,      |
| <pre>school, or social group [(DSM):</pre>                               |
| [ <del>(A) bipolar disorders (hypomanic, manic,</del>                    |
|  |

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1
                     [(B) depression in childhood and adolescence;
 2
                     [(C) major depressive disorders (single episode
 3
      recurrent);
 4
                     [(D) obsessive-compulsive disorders;
 5
                     [(E) paranoid and other psychotic disorders;
                     [<del>(F) schizo-affective disorders (bipolar</del>
 6
 7
    depressive); and
 8
                     [(G) schizophrenia].
 9
                     ["Small employer" has the meaning assigned by
    Section 1501.002.
10
                \left[\frac{(3)}{(3)}\right] "Autism
11
                                   spectrum
                                                disorder"
                                                              means
                                                                       а
12
    neurobiological
                     disorder
                                  that
                                         includes
                                                    autism,
                                                              Asperger's
    syndrome, or Pervasive Developmental Disorder--Not Otherwise
13
14
    Specified.
15
                [(4) "Neurobiological disorder" means an illness
16
    the nervous system caused by genetic, metabolic,
17
    biological factors.
          Sec. 1355.002. APPLICABILITY OF SUBCHAPTER.
                                                              (a)
18
                                                                    This
19
    subchapter applies only to a [group] health benefit plan that
    provides benefits for medical or surgical expenses incurred as a
20
    result of a health condition, accident, or sickness, including an
21
    individual, [+
22
                [<del>(1) a</del>] group, blanket, or franchise insurance policy
23
24
    or [, group] insurance agreement, a group hospital service contract,
    an individual or group evidence of coverage, or a similar coverage
25
    document, that is offered by:
26
27
                (1) [\frac{(A)}{(A)}] an insurance company;
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- 1  $\underline{\text{(2)}}$  [\(\frac{\text{(B)}}{\text{)}}\)] a group hospital service corporation
- 2 operating under Chapter 842;
- 3 (3) [<del>(C)</del>] a fraternal benefit society operating under
- 4 Chapter 885;
- 5  $(4) \left[\frac{D}{D}\right]$  a stipulated premium company operating
- 6 under Chapter 884; [or]
- 7  $\underline{(5)}$  [(E)] a health maintenance organization operating
- 8 under Chapter 843;
- 9 (6) a reciprocal exchange operating under Chapter 942;
- 10 (7) a Lloyd's plan operating under Chapter 941;
- 11 (8) an approved nonprofit health corporation that
- 12 holds a certificate of authority under Chapter 844; or [and]
- 13 (9) [<del>(2) to the extent permitted by the Employee</del>
- 14 Retirement Income Security Act of 1974 (29 U.S.C. Section 1001 et
- 15 seq.), a plan offered under:
- 16  $\left[\frac{(A)}{A}\right]$  a multiple employer welfare arrangement
- 17 that holds a certificate of authority under Chapter 846 [as defined
- 18 by Section 3 of that Act; or
- [(B) another analogous benefit arrangement].
- 20 (b) Notwithstanding any provision in Chapter 1575 or 1579 or
- 21 any other law, Section 1355.015 applies to:
- 22 (1) a basic plan under Chapter 1575; and
- 23 (2) a primary care coverage plan under Chapter 1579.
- 24 (c) This subchapter applies to a small employer health
- 25 benefit plan written under Chapter 1501.
- Sec. 1355.003. EXCEPTION.  $[\frac{a}{a}]$  This subchapter does not
- 27 apply to [coverage under]:

| 1  | (1) a plan that provides coverage:                                  |
|----|---|
| 2  | (A) only for benefits for a specified disease or                    |
| 3  | for another limited benefit, other than a plan that provides        |
| 4  | benefits for mental health or similar services;                     |
| 5  | (B) only for accidental death or dismemberment;                     |
| 6  | (C) for wages or payments in lieu of wages for a                    |
| 7  | period during which an employee is absent from work because of      |
| 8  | sickness or injury;   |
| 9  | (D) as a supplement to a liability insurance                        |
| 10 | <pre>policy;</pre>  |
| 11 | (E) only for dental or vision care;                                 |
| 12 | (F) only for hospital expenses; or                                  |
| 13 | (G) only for indemnity for hospital confinement;                    |
| 14 | (2) a Medicare supplemental policy as defined by                    |
| 15 | Section 1882(g)(1), Social Security Act (42 U.S.C. Section 1395ss); |
| 16 | (3) a workers' compensation insurance policy;                       |
| 17 | (4) medical payment insurance coverage provided under               |
| 18 | an automobile insurance policy;                                     |
| 19 | (5) a credit insurance policy; or                                   |
| 20 | (6) a long-term care insurance policy, including a                  |
| 21 | nursing home fixed indemnity policy, unless the commissioner        |
| 22 | determines that the policy provides benefit coverage so             |
| 23 | comprehensive that the policy is a health benefit plan as described |
| 24 | by Section 1355.002 [a blanket accident and health insurance        |
| 25 | policy, as described by Chapter 1251;                               |
| 26 | [ <del>(2) a short-term travel policy;</del>                        |
| 27 | [ <del>(3) an accident-only policy;</del>                           |

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[(4) a limited or specified-disease policy that does
 1
   not provide benefits for mental health care or similar services;
 2
               [(5) except as provided by Subsection (b), a plan
 3
   offered under Chapter 1551 or Chapter 1601;
 4
 5
               [(6) a plan offered in accordance with Section
 6
   <del>1355.151; or</del>
 7
               [(7) a Medicare supplement benefit plan, as defined by
 8
   Section 1652.002].
 9
          [(b) For the purposes of a plan described by Subsection
   (a)(5), "serious mental illness" has the meaning assigned by
10
   Section 1355.001.
11
          Sec. 1355.004. REQUIRED COVERAGE [FOR SERIOUS MENTAL
12
   ILLNESS]. [(a)] A group health benefit plan[+
13
               [\frac{1}{2}] must provide coverage for the diagnosis and
14
15
   treatment of a mental disorder under the same terms and conditions
   as coverage provided for the diagnosis and treatment of physical
16
   illness[, based on medical necessity, for not less than the
17
   following treatments of serious mental illness in each calendar
18
19
   <del>year:</del>
20
                    [(A) 45 days of inpatient treatment; and
21
                    [(B) 60 visits for outpatient treatment,
   including group and individual outpatient treatment;
2.2
               [(2) may not include a lifetime limitation on the
23
24
   number of days of inpatient treatment or the number of visits for
   outpatient treatment covered under the plan; and
25
26
               [(3) must include the same amount limitations,
   deductibles, copayments, and coinsurance factors for serious
27
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mental illness as the plan includes for physical illness].
          [(b) A group health benefit plan issuer:
 2
               (1) may not count an outpatient visit for medication
 3
   management against the number of outpatient visits required to be
4
5
   covered under Subsection (a)(1)(B); and
6
               [(2) must provide coverage for an outpatient visit
   described by Subsection (a)(1)(B) under the same terms as the
7
   coverage the issuer provides for an outpatient visit for the
   treatment of physical illness.
         Sec. 1355.005. COVERAGE OF INPATIENT STAYS AND OUTPATIENT
10
   VISITS. A health benefit plan must cover inpatient stays and
11
   outpatient visits under this subchapter under the same terms and
12
   conditions as the plan covers inpatient stays and outpatient visits
13
   for treatment of a physical illness. [MANAGED CARE PLAN
14
15
   AUTHORIZED. A group health benefit plan issuer may provide or
   offer coverage required by Section 1355.004 through a managed care
16
17
   <del>plan.</del>]
         Sec. 1355.006. AMOUNT LIMITS; DEDUCTIBLES; COPAYMENTS;
18
   COINSURANCE. Coverage provided under this subchapter must be
19
   subject to the same amount limits, deductibles, copayments, and
20
   coinsurance factors as coverage for physical illness. [COVERAGE FOR
21
   CERTAIN CONDITIONS RELATED TO CONTROLLED SUBSTANCE OR MARIHUANA NOT
22
   REQUIRED. (a) In this section, "controlled substance" and
23
24
   "marihuana" have the meanings assigned by Section 481.002, Health
25
   and Safety Code.
26
          [(b) This subchapter does not require a group health benefit
   plan to provide coverage for the treatment of:
27
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- 1 [(1) addiction to a controlled substance or marihuana
- 2 that is used in violation of law; or
- 3 [(2) mental illness that results from the use of a
- 4 controlled substance or marihuana in violation of law.]
- 5 Sec. 1355.007. RULES. The commissioner shall adopt rules
- 6 as necessary to implement this subchapter. [SMALL EMPLOYER
- 7 COVERAGE. An issuer of a group health benefit plan to a small
- 8 employer must offer the coverage described by Section 1355.004 to
- 9 the employer but is not required to provide the coverage if the
- 10 employer rejects the coverage.
- 11 ARTICLE 2. CONFORMING AMENDMENTS
- 12 SECTION 2.01. Section 1355.151, Insurance Code, is amended
- 13 to read as follows:
- 14 Sec. 1355.151. PROHIBITION ON EXCLUSION OR LIMITATION OF
- 15 CERTAIN COVERAGES. (a) In this section, "mental disorder"
- 16 ["serious mental illness"] has the meaning assigned by Section
- 17 1355.001.
- 18 (b) A political subdivision that provides group health
- 19 insurance coverage, health maintenance organization coverage, or
- 20 self-insured health care coverage to the political subdivision's
- 21 officers or employees may not contract for or provide coverage that
- 22 is less extensive for a mental disorder [serious mental illness]
- 23 than the coverage provided for any other physical illness.
- SECTION 2.02. Section 1507.003(b), Insurance Code, is
- 25 amended to read as follows:
- 26 (b) For purposes of this subchapter, "state-mandated health
- 27 benefits" does not include benefits that are mandated by federal

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   law or standard provisions or rights required under this code or
 1
   other laws of this state to be provided in an individual, blanket,
 2
   or group policy for accident and health insurance that are
    unrelated to a specific health illness, injury, or condition of an
 4
 5
    insured, including provisions related to:
               (1) continuation of coverage under:
 6
 7
                          Subchapters F and G, Chapter 1251;
 8
                     (B)
                          Section 1201.059; and
 9
                          Subchapter B, Chapter 1253;
                     (C)
                    termination of coverage under Sections 1202.051
10
               (2)
    and 1501.108;
11
12
                    preexisting conditions under
                                                       Subchapter
                                                                     D,
    Chapter 1201, and Sections 1501.102-1501.105;
13
14
                (4) coverage of children, including newborn or adopted
15
   children, under:
16
                     (A)
                          Subchapter D, Chapter 1251;
17
                     (B)
                          Sections
                                           1201.053,
                                                             1201.061,
    1201.063-1201.065, and Subchapter A, Chapter 1367;
18
                     (C)
19
                          Chapter 1504;
20
                         Chapter 1503;
                     (D)
21
                     (E)
                         Section 1501.157;
                     (F)
                         Section 1501.158; and
2.2
                          Sections 1501.607-1501.609;
23
                     (G)
24
               (5)
                    services of practitioners under:
                          Subchapters A, B, and C, Chapter 1451; or
25
                     (A)
```

associated

with

the

Section 1301.052;

supplies and services

(B)

(6)

26

27

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1 treatment of diabetes under Subchapter B, Chapter 1358;
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- 2 (7) coverage for a mental disorder [serious mental
- 3 illness] under Subchapter A, Chapter 1355;
- 4 (8) coverage for childhood immunizations and hearing
- 5 screening as required by Subchapters B and C, Chapter 1367, other
- 6 than Section 1367.053(c) and Chapter 1353;
- 7 (9) coverage for reconstructive surgery for certain
- 8 craniofacial abnormalities of children as required by Subchapter D,
- 9 Chapter 1367;
- 10 (10) coverage for the dietary treatment of
- 11 phenylketonuria as required by Chapter 1359;
- 12 (11) coverage for referral to a non-network physician
- 13 or provider when medically necessary covered services are not
- 14 available through network physicians or providers, as required by
- 15 Section 1271.055; and
- 16 (12) coverage for cancer screenings under:
- 17 (A) Chapter 1356;
- 18 (B) Chapter 1362;
- (C) Chapter 1363; and
- 20 (D) Chapter 1370.
- SECTION 2.03. Section 1507.053(b), Insurance Code, is
- 22 amended to read as follows:
- 23 (b) For purposes of this subchapter, "state-mandated health
- 24 benefits" does not include coverage that is mandated by federal law
- 25 or standard provisions or rights required under this code or other
- 26 laws of this state to be provided in an evidence of coverage that
- 27 are unrelated to a specific health illness, injury, or condition of

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an enrollee, including provisions related to:
 1
 2
               (1)
                    continuation of coverage under Subchapter
 3
    Chapter 1251;
 4
                    termination of coverage under Sections 1202.051
 5
    and 1501.108;
 6
               (3)
                    preexisting conditions
                                              under
                                                       Subchapter
                                                                    D,
 7
    Chapter 1201, and Sections 1501.102-1501.105;
8
                (4) coverage of children, including newborn or adopted
    children, under:
 9
                          Chapter 1504;
                     (A)
10
                     (B)
                         Chapter 1503;
11
                     (C)
                         Section 1501.157;
12
                          Section 1501.158; and
13
                     (D)
                          Sections 1501.607-1501.609;
14
15
               (5)
                    services of providers under Section 843.304;
16
                    coverage for a mental disorder [serious mental
               (6)
17
    health illness] under Subchapter A, Chapter 1355; and
                (7)
                    coverage for cancer screenings under:
18
                         Chapter 1356;
19
                     (A)
20
                     (B)
                         Chapter 1362;
                         Chapter 1363; and
21
                     (C)
22
                          Chapter 1370.
                     (D)
                         Section 1551.003, Insurance Code, is amended
          SECTION 2.04.
23
24
    by amending Subdivision (10-a) and adding Subdivision (10-b) to
25
    read as follows:
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"Mental disorder" has the meaning assigned by

(10-a)

Section 1355.001.

26

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- 1 (10-b) "Participant" means an eligible individual who
- 2 participates in the group benefits program.
- 3 SECTION 2.05. Section 1551.205, Insurance Code, is amended
- 4 to read as follows:
- 5 Sec. 1551.205. LIMITATIONS. The board of trustees may not
- 6 contract for or provide a coverage plan that:
- 7 (1) excludes or limits coverage or services for
- 8 acquired immune deficiency syndrome, as defined by the Centers for
- 9 Disease Control and Prevention of the United States Public Health
- 10 Service, or human immunodeficiency virus infection;
- 11 (2) provides coverage for <u>a mental disorder</u> [serious
- 12 mental illness] that is less extensive than the coverage provided
- 13 for any physical illness; or
- 14 (3) may provide coverage for prescription drugs to
- 15 assist in stopping smoking at a lower benefit level than is provided
- 16 for other prescription drugs.
- 17 SECTION 2.06. Section 1601.109, Insurance Code, is amended
- 18 to read as follows:
- 19 Sec. 1601.109. COVERAGE FOR AIDS, HIV, OR [SERIOUS] MENTAL
- 20 DISORDER [HLLNESS]. (a) In this section, "mental disorder"
- 21 ["serious mental illness"] has the meaning assigned by Section
- 22 1355.001.
- 23 (b) A system may not contract for or provide for group
- 24 insurance or HMO coverage or provide self-insured coverage, that:
- 25 (1) excludes or limits coverage or services for
- 26 acquired immune deficiency syndrome, as defined by the Centers for
- 27 Disease Control and Prevention of the United States Public Health

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- 1 Service, or human immunodeficiency virus infection; or
- 2 (2) provides coverage for <u>a mental disorder</u> [serious
- 3 mental illness] that is less extensive than the coverage provided
- 4 for any other physical illness.
- 5 SECTION 2.07. Section 1551.003(12), Insurance Code, is
- 6 repealed.
- 7 ARTICLE 3. TRANSITION; EFFECTIVE DATE
- 8 SECTION 3.01. The change in law made by this Act applies
- 9 only to a health benefit plan delivered, issued for delivery, or
- 10 renewed on or after January 1, 2014. A health benefit plan
- 11 delivered, issued for delivery, or renewed before January 1, 2014,
- 12 is governed by the law as it existed immediately before the
- 13 effective date of this Act, and that law is continued in effect for
- 14 that purpose.
- 15 SECTION 3.02. This Act takes effect September 1, 2013.