

By: Howard

H.R. No. 150

R E S O L U T I O N

1 WHEREAS, For a decade, the American Heart Association's Go
2 Red For Women program has been educating citizens on the real risks
3 of cardiovascular diseases; and

4 WHEREAS, While only 20 percent of American women consider
5 cardiovascular disease their greatest health risk, heart disease
6 remains the number one cause of death for women, claiming more
7 lives than all forms of cancer combined; and

8 WHEREAS, An estimated 43 million women in the United States
9 are affected by cardiovascular diseases; although progress has been
10 made in recent years, women still make up only 24 percent of
11 participants in heart-related studies, while more women than men
12 have died each year from heart disease since 1984; and

13 WHEREAS, The American Heart Association has designated
14 February as American Heart Month, and as part of the effort to raise
15 awareness about heart disease and stroke, the Go Red For Women
16 campaign works to change the perception that heart disease occurs
17 only in men; moreover, the campaign encourages women to talk to
18 their health care providers about their risk factors and to make
19 simple changes to their lifestyle by using such tools as the
20 association's BetterU nutrition and fitness program; and

21 WHEREAS, Go Red For Women serves as a powerful reminder that
22 by taking charge of their heart health women can live stronger,
23 longer lives; now, therefore, be it

24 RESOLVED, That the House of Representatives of the 83rd Texas

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1 Legislature hereby recognize February 1, 2013, as National Wear Red
2 Day and encourage all Texans to show their support for women and the
3 fight against heart disease by wearing the color red.