

R E S O L U T I O N

1           WHEREAS, The City of Garland and the Garland Fire Department  
2 have earned Fit-Friendly Worksite awards from the American Heart  
3 Association; and

4           WHEREAS, Honored for promoting a culture of wellness, these  
5 notable North Texas employers have demonstrated a commitment to  
6 supporting physical, nutritional, and cultural activities that  
7 benefit staff; and

8           WHEREAS, The Garland Fire Department's documented success in  
9 improving employee fitness is credited, in part, to its creation of  
10 an onsite CrossFit gym and running path; these contributions to the  
11 working environment helped the department to earn the AHA Platinum  
12 Level Fit-Friendly Worksite Award; and

13           WHEREAS, Named a Gold Level Fit-Friendly Worksite for the  
14 fourth consecutive year, the City of Garland was honored for its  
15 Commit to Wellness program, which has helped a number of city  
16 workers to adopt and maintain healthier lifestyles; and

17           WHEREAS, The fitness programs of the City of Garland and the  
18 Garland Fire Department are improving the well-being of  
19 participants, while saving money and improving productivity, and  
20 these proactive and beneficial examples of municipal innovation  
21 merit wide recognition and praise; now, therefore, be it

22           RESOLVED, That the House of Representatives of the 83rd Texas  
23 Legislature hereby congratulate the City of Garland and the Garland  
24 Fire Department on earning Fit-Friendly Worksite awards from the

H.R. No. 511

1 American Heart Association and commend all involved for their  
2 achievements; and, be it further

3       RESOLVED, That an official copy of this resolution be  
4 prepared for the award recipients as an expression of high regard by  
5 the Texas House of Representatives.

Button  
Carter

H.R. No. 511

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Speaker of the House

I certify that H.R. No. 511 was adopted by the House on March 7, 2013, by a non-record vote.

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Chief Clerk of the House