

By: Button

H.R. No. 511

R E S O L U T I O N

1 WHEREAS, The City of Garland and the Garland Fire Department
2 have earned Fit Friendly Workplace awards from the American Heart
3 Association; and

4 WHEREAS, Honored for promoting a culture of wellness, these
5 notable North Texas employers have demonstrated a commitment to
6 supporting physical, nutritional, and cultural activities that
7 benefit staff; and

8 WHEREAS, The Garland Fire Department's documented success in
9 improving employee fitness is credited, in part, to its creation of
10 an onsite CrossFit gym and running path; these contributions to the
11 working environment helped the department to earn the AHA Platinum
12 Level Fit Friendly Award; and

13 WHEREAS, Named a Gold Level Fit Friendly Worksite for the
14 fourth consecutive year, the City of Garland was honored for its
15 Commit to Wellness program, which has helped a number of city
16 workers to adopt and maintain healthier lifestyles; and

17 WHEREAS, The fitness programs of the City of Garland and the
18 Garland Fire Department are improving the well-being of
19 participants, while saving money and improving productivity, and
20 these proactive and beneficial examples of municipal innovation
21 merit wide recognition and praise; now, therefore, be it

22 RESOLVED, That the House of Representatives of the 83rd Texas
23 Legislature hereby congratulate the City of Garland and the Garland
24 Fire Department on earning Fit Friendly Workplace awards from the

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1 American Heart Association and commend all involved for their
2 achievements; and, be it further

3 RESOLVED, That an official copy of this resolution be
4 prepared for the award recipients as an expression of high regard by
5 the Texas House of Representatives.