

By: Longoria

H.R. No. 719

R E S O L U T I O N

1 WHEREAS, Ryan Nail has become a well-known personal trainer
2 in Austin, and his accomplishments are helping numerous Texans to
3 focus on the importance of health and fitness; and

4 WHEREAS, A native of Dallas, Mr. Nail played football and ran
5 cross-country in high school, and he helped revive the football
6 program at East Texas Baptist University while studying there;
7 after graduating with a bachelor's degree in business, he moved to
8 Austin and began working for a local fitness company, and in 2007 he
9 started his own business, CoreFit Training; and

10 WHEREAS, Mr. Nail is certified by the National Academy of
11 Sports Medicine and has received recognition for his work from
12 publications such as *Austin Fit* magazine and *Tribeza*; moreover, he
13 shares his expertise by writing columns on health and exercise, and
14 he is developing and marketing his own workout products; and

15 WHEREAS, In addition to his other responsibilities, Mr. Nail
16 served as a stunt double on the *Friday Night Lights* television
17 program and has worked as a model for photo shoots; and

18 WHEREAS, With his dedicated approach to physical training,
19 Ryan Nail is making a positive difference in many lives, and he is
20 indeed deserving of special recognition; now, therefore, be it

21 RESOLVED, That the House of Representatives of the 83rd Texas
22 Legislature hereby honor Ryan Nail for his contributions to health
23 and fitness in Texas and extend to him sincere best wishes for
24 continued success; and, be it further

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1 RESOLVED, That an official copy of this resolution be
2 prepared for Mr. Nail as an expression of high regard by the Texas
3 House of Representatives.