

R E S O L U T I O N

1 WHEREAS, Adela Garcia of Austin won her seventh Ms. Fitness
2 Olympia competition in September 2012, continuing her
3 record-setting dominance in that prestigious bodybuilding contest;
4 and

5 WHEREAS, Born in the Dominican Republic and raised in Puerto
6 Rico, Ms. Garcia entered her first fitness competition in 1995;
7 since then, she has become one of the most prominent female athletes
8 in the sport, claiming 15 victories, including five Fitness
9 International titles; she was especially impressive in 2006, when
10 she won the "grand slam" of fitness by taking first place in the
11 Show of Strength as well as the Ms. Fitness Olympia and Fitness
12 International events; and

13 WHEREAS, In addition to her work on the competitive stage,
14 Ms. Garcia operates O.F.F. (Overcome Fitness Fears) Challenge,
15 which provides fitness and health training and has mentored a
16 number of aspiring fitness athletes; and

17 WHEREAS, Capturing the Ms. Fitness Olympia title is an
18 exceptional achievement that many strive to attain but few
19 accomplish, and Ms. Garcia's seventh victory in that event has
20 furthered her reputation as one of the sport's most impressive
21 performers; now, therefore, be it

22 RESOLVED, That the House of Representatives of the 83rd Texas
23 Legislature hereby congratulate Adela Garcia on winning the 2012
24 Ms. Fitness Olympia competition and extend to her sincere best

H.R. No. 1299

1 wishes for the future; and, be it further

2 RESOLVED, That an official copy of this resolution be
3 prepared for Ms. Garcia as an expression of high regard by the Texas
4 House of Representatives.

Strama

H.R. No. 1299

Speaker of the House

I certify that H.R. No. 1299 was adopted by the House on April 17, 2013, by a non-record vote.

Chief Clerk of the House