By: Strama H.R. No. 1299

RESOLUTION

- 1 WHEREAS, Adela Garcia of Austin won her seventh Ms. Fitness
- 2 Olympia competition in September 2012, continuing her
- 3 record-setting dominance in that prestigious bodybuilding contest;
- 4 and
- 5 WHEREAS, Born in the Dominican Republic and raised in Puerto
- 6 Rico, Ms. Garcia entered her first fitness competition in 1995;
- 7 since then, she has become one of the most prominent female athletes
- 8 in the sport, claiming 15 victories, including five Fitness
- 9 International titles; she was especially impressive in 2006, when
- 10 she won the "grand slam" of fitness by taking first place in the
- 11 Show of Strength as well as the Ms. Fitness Olympia and Fitness
- 12 International events; and
- WHEREAS, In addition to her work on the competitive stage,
- 14 Ms. Garcia operates O.F.F. (Overcome Fitness Fears) Challenge,
- 15 which provides fitness and health training and has mentored a
- 16 number of aspiring fitness athletes; and
- 17 WHEREAS, Capturing the Ms. Fitness Olympia title is an
- 18 exceptional achievement that many strive to attain but few
- 19 accomplish, and Ms. Garcia's seventh victory in that event has
- 20 furthered her reputation as one of the sport's most impressive
- 21 performers; now, therefore, be it
- 22 RESOLVED, That the House of Representatives of the 83rd Texas
- 23 Legislature hereby congratulate Adela Garcia on winning the 2012
- 24 Ms. Fitness Olympia competition and extend to her sincere best

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- 1 wishes for the future; and, be it further
- 2 RESOLVED, That an official copy of this resolution be
- 3 prepared for Ms. Garcia as an expression of high regard by the Texas
- 4 House of Representatives.