

R E S O L U T I O N

1 WHEREAS, Heart disease affects approximately 1.3 million
2 adults in Texas and is responsible for more deaths each year than
3 accidents, AIDS, and all forms of cancer combined; and

4 WHEREAS, In spite of its prevalence and seriousness, heart
5 disease often goes undetected; for a full 50 percent of heart
6 disease sufferers, the first symptom of their condition is a severe
7 heart attack, which is frequently fatal; and

8 WHEREAS, Early detection, diagnosis, and treatment are
9 vitally important in the prevention and management of heart
10 disease; blood pressure monitoring is an easy and effective first
11 step in assessing the risk of heart attack and stroke, and a risk
12 scoring system can determine the statistical probability of an
13 individual experiencing a cardiovascular event in the next 10
14 years, based on a few questions about such risk factors as blood
15 pressure, cholesterol, smoking, and diabetes; and

16 WHEREAS, The Society for Heart Attack Prevention and
17 Eradication (SHAPE) is a nonprofit organization created to promote
18 public awareness and to support research related to the early
19 detection, prevention, and treatment of atherosclerosis, or
20 arterial plaques, the most common underlying cause of heart
21 attacks; and

22 WHEREAS, SHAPE is committed to identifying seemingly healthy
23 persons who are at increased risk of heart problems, as
24 asymptomatic individuals are often the type who experience a sudden

1 lethal heart attack or stroke; a growing body of evidence suggests
2 that cardiovascular events are among the leading causes of vehicle
3 accidents, second only to driver error, and that half of such
4 accidents occur with drivers who had no previous knowledge of their
5 condition; and

6 WHEREAS, The SHAPE Task Force, consisting of an international
7 group of prominent cardiovascular clinicians and researchers, has
8 issued guidelines to educate physicians on how to identify
9 asymptomatic atherosclerosis and other heart risk indicators and
10 thereby implement proper therapies to prevent a future heart
11 attack; and

12 WHEREAS, In addition to these important endeavors, members of
13 SHAPE are gathering to celebrate Texas Blood Pressure Day on
14 September 1, 2013; this worthwhile event encourages Texans to take
15 an active role in managing their heart health through risk
16 detection, a simple yet powerful tool in the fight against our
17 nation's number one killer; now, therefore, be it

18 RESOLVED, That the House of Representatives of the 83rd Texas
19 Legislature recognize September 1, 2013, as Texas Blood Pressure
20 Day, urge all citizens of Texas to get their blood pressure checked,
21 and commend the members of the Society for Heart Attack Prevention
22 and Eradication for their outstanding efforts to promote public
23 awareness of the significance of early detection; and, be it
24 further

H.R. No. 1359

1 RESOLVED, That an official copy of this resolution be
2 prepared for SHAPE as an expression of high regard by the Texas
3 House of Representatives.

Menendez

H.R. No. 1359

Speaker of the House

I certify that H.R. No. 1359 was adopted by the House on April 17, 2013, by a non-record vote.

Chief Clerk of the House