

R E S O L U T I O N

1 WHEREAS, Drowsy driving is estimated by the National Highway
2 Traffic Safety Administration to cause about 100,000
3 police-reported crashes every year, resulting in tremendous
4 financial costs, numerous injuries, and great loss of life; and

5 WHEREAS, Those at particular risk of drowsy driving or
6 falling asleep at the wheel include young men, shift workers and
7 those who work long hours, commercial drivers, people with
8 undiagnosed and untreated sleep disorders such as sleep apnea,
9 business travelers, and those on sedating medications; however,
10 drowsy driving can affect anyone, especially those who have not
11 gotten a good night's sleep; and

12 WHEREAS, According to a 2005 poll commissioned by the
13 National Sleep Foundation, more than one-third of respondents said
14 they have fallen asleep while driving at least once; also, less than
15 half of Americans claim to get a good night's sleep every night; and

16 WHEREAS, The goal of Drowsy Driving Prevention Week, an
17 initiative organized by the National Sleep Foundation, is to
18 encourage drivers to "Drive Alert, Arrive Alive"; the organization
19 suggests that drivers get a full night's sleep, plan to make long
20 drives with a companion, schedule regular stops, and avoid alcohol
21 and medications that may cause sleepiness; and

22 WHEREAS, The Lone Star State will benefit from greater
23 numbers of drivers who understand the dangers of drowsy driving and
24 continue to address this problem that threatens all who use our

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1 streets and highways; now, therefore, be it

2 RESOLVED, That the House of Representatives of the 83rd Texas
3 Legislature hereby recognize November 6-12, 2013, as Drowsy Driving
4 Prevention Week in Texas and urge all members of the motoring public
5 to support this worthwhile event.

Rodriguez of Bexar

H.R. No. 1389

Speaker of the House

I certify that H.R. No. 1389 was adopted by the House on May 1, 2013, by a non-record vote.

Chief Clerk of the House