

By: Farrar

H.R. No. 2344

R E S O L U T I O N

1           WHEREAS, National Women's Health Week is taking place May  
2 12-18, 2013, and this worthwhile event is helping to raise  
3 awareness of an issue of vital importance to the Lone Star State;  
4 and

5           WHEREAS, Coordinated by the U.S. Department of Health and  
6 Human Services Office on Women's Health, National Women's Health  
7 Week brings communities, businesses, government agencies, health  
8 organizations, and other groups together in an effort to empower  
9 women to make health their top priority; and

10           WHEREAS, The initiative promotes a multistep plan to improve  
11 wellness; in addition to receiving regular checkups, women are  
12 encouraged to become more active, eat a healthy diet, manage  
13 stress, get enough sleep, avoid smoking, and follow general safety  
14 rules; and

15           WHEREAS, National Women's Health Week underscores the link  
16 between physical well-being and quality of life and provides an  
17 excellent opportunity for women to begin their journey toward  
18 improved health; now, therefore, be it

19           RESOLVED, That the House of Representatives of the 83rd Texas  
20 Legislature hereby recognize May 12-18, 2013, as National Women's  
21 Health Week and encourage the women of the Lone Star State to take  
22 the simple but important steps that will allow them to lead longer,  
23 healthier lives.