By: Schwertner, et al. (Kolkhorst)

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S.B. No. 955

Substitute the following for S.B. No. 955:

By: Cortez C.S.S.B. No. 955

A BILL TO BE ENTITLED

AN ACT

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- 2 relating to the training of certain persons in mental health first
- 3 aid and assistance, the funding of mental health first aid and
- 4 assistance training, and the liability of certain persons providing
- 5 assistance to persons experiencing a mental health crisis.
- 6 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
- 7 SECTION 1. Chapter 1001, Health and Safety Code, is amended
- 8 by adding Subchapter H to read as follows:
- 9 SUBCHAPTER H. MENTAL HEALTH FIRST AID AND ASSISTANCE TRAINING
- Sec. 1001.201. DEFINITIONS. In this subchapter:
- 11 "Educator" means a person who is required to hold a
- 12 certificate issued under Subchapter B, Chapter 21, Education Code.
- 13 (2) "Local mental health authority" has the meaning
- 14 assigned by Section 531.002.
- 15 (3) "Regional education service center" means a
- 16 regional education service center established under Chapter 8,
- 17 Education Code.
- 18 Sec. 1001.202. REQUEST FOR PROPOSALS FOR TRAINING OF MENTAL
- 19 <u>HEALTH FIRST AID AND ASSISTANCE TRAINERS.</u> (a) To the extent funds
- 20 are appropriated to the department for that purpose, the department
- 21 shall establish a request for proposals process to select providers
- 22 and award funds to those providers to train individuals as mental
- 23 health first aid and assistance trainers.
- 24 (b) Except as provided by Subsection (c), the department

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- 1 shall award each provider whose proposal is accepted under this
- 2 section an amount equal to \$1,000 times the number of individuals
- 3 the provider will train as mental health first aid or assistance
- 4 trainers.
- 5 (c) For each state fiscal year, the total amount the
- 6 department may award to providers whose proposals are accepted
- 7 under this section for the training of mental health first aid and
- 8 assistance trainers in a single local mental health authority's
- 9 local service area may not exceed the lesser of \$30,000 or three
- 10 percent of the funds appropriated to the department for selecting
- 11 and awarding funds to providers under this section.
- 12 (d) The executive commissioner shall adopt rules to
- 13 establish the requirements for a provider to be selected by the
- 14 department to train individuals as mental health first aid and
- 15 <u>assistance trainers</u>. The rules must ensure that a provider who is
- 16 <u>selected</u> by the department has experience in providing and is
- 17 qualified to provide training in:
- 18 <u>(1)</u> the potential risk factors and warning signs for
- 19 various mental illnesses, including depression, anxiety, trauma,
- 20 psychosis, eating disorders, substance abuse disorders, and
- 21 self-injury;
- 22 (2) the prevalence of various mental illnesses in the
- 23 United States and the need to reduce the stigma associated with
- 24 mental illness;
- 25 (3) an action plan for use by the individuals being
- 26 trained that involves the use of skills, resources, and knowledge
- 27 to assess a situation and develop and implement an appropriate

- 1 intervention to help an individual experiencing a mental health
- 2 crisis obtain appropriate professional care; and
- 3 (4) the evidence-based professional, peer, social,
- 4 and self-help resources available to help individuals with mental
- 5 illness.
- 6 (e) Two or more providers may collaborate and share
- 7 resources to provide training under this section.
- 8 Sec. 1001.203. REQUEST FOR PROPOSALS FOR TRAINING CERTAIN
- 9 EDUCATORS IN MENTAL HEALTH FIRST AID AND ASSISTANCE. (a) To the
- 10 extent funds are appropriated to the department for that purpose,
- 11 the department shall establish a request for proposals process to
- 12 select providers and award funds to those providers to provide an
- 13 approved mental health first aid or assistance training program or
- 14 other evidence-based mental health assistance program,
- 15 administered by mental health first aid or assistance trainers, at
- 16 no cost to educators.
- 17 (b) For each state fiscal year, the total amount the
- 18 department may award to providers whose proposals are accepted
- 19 under this section for the provision of a mental health first aid or
- 20 assistance training program in a single local mental health
- 21 authority's local service area may not exceed the lesser of \$40,000
- 22 or three percent of the funds appropriated to the department for
- 23 <u>selecting and awarding funds to providers under this section.</u>
- (c) Subject to the limit provided by Subsection (b), out of
- 25 the funds appropriated to the department for selecting and awarding
- 26 funds to providers under this section, the department shall award
- 27 \$100 to a provider for each educator who successfully completes a

- 1 mental health first aid or assistance training program provided by
- 2 the provider under this section.
- 3 (d) The executive commissioner shall adopt rules to
- 4 establish the requirements for a provider to be selected by the
- 5 department to provide a mental health first aid or assistance
- 6 training program. The rules must ensure that a provider who is
- 7 <u>selected by the department has experience providing a mental health</u>
- 8 first aid or assistance training program.
- 9 <u>(e) A mental health first aid or assistance training program</u>
- 10 provided under this section must:
- 11 (1) be conducted by an individual trained as a mental
- 12 health first aid or assistance trainer;
- 13 (2) provide participants with the skills necessary to
- 14 help an individual experiencing a mental health crisis until the
- 15 individual is able to obtain appropriate professional care; and
- 16 <u>(3) include:</u>
- 17 (A) instruction in a five-step strategy for
- 18 helping an individual experiencing a mental health crisis,
- 19 including assessing risk, listening respectfully to and supporting
- 20 the individual, and identifying professional help and other
- 21 supports for the individual;
- 22 (B) an introduction to the risk factors and
- 23 warning signs for mental illness and substance abuse problems;
- (C) experiential activities to increase
- 25 participants' understanding of the impact of mental illness on
- 26 individuals and families; and
- 27 (D) a presentation of evidence-supported

- 1 <u>treatment and self-help strategies.</u>
- 2 (f) A provider may contract with a regional education
- 3 service center to provide a mental health first aid or assistance
- 4 training program to educators under this section.
- 5 (g) Two or more providers may collaborate and share
- 6 resources to develop and operate a mental health first aid or
- 7 <u>assistance training program under this section.</u>
- 8 Sec. 1001.204. PLANS FOR MENTAL HEALTH FIRST AID OR
- 9 ASSISTANCE TRAINING PROGRAMS. (a) Not later than October 1 of
- 10 each state fiscal year for which a provider will submit a proposal
- 11 to the department under Section 1001.203, the provider shall submit
- 12 to the department a plan demonstrating the manner in which any funds
- 13 awarded to the provider under that section will be used:
- 14 (1) to train individuals in mental health first aid or
- 15 assistance to maximize the number of children who have direct
- 16 contact with an individual who has successfully completed a mental
- 17 health first aid or assistance training program provided by the
- 18 provider;
- 19 (2) to meet the greatest needs of the local service
- 20 area where the provider will provide the training, as identified by
- 21 the provider; and
- 22 (3) to complement existing resources and not duplicate
- 23 established mental health first aid or assistance training efforts.
- (b) The department may not select a proposal submitted by a
- 25 provider under Section 1001.203 unless the department has evaluated
- 26 a plan submitted by the provider under this section.
- Sec. 1001.205. REPORTS. (a) Not later than July 1 of each

- 1 year, a provider shall provide to the department the number of:
- 2 (1) individuals who were trained as mental health
- 3 first aid or assistance trainers under Section 1001.202;
- 4 (2) educators who completed a mental health first aid
- 5 or assistance training program offered by the provider under
- 6 Section 1001.203 during the preceding calendar year; and
- 7 (3) individuals who are not educators who completed a
- 8 mental health first aid or assistance training program offered by
- 9 the provider during the preceding calendar year.
- 10 (b) Not later than August 1 of each year, the department
- 11 shall compile the information submitted by providers as required by
- 12 Subsection (a) and submit a report to the legislature containing
- 13 the number of:
- 14 (1) individuals trained as mental health first aid or
- 15 <u>assistance trainers;</u>
- 16 (2) educators who completed a mental health first aid
- 17 or assistance training program provided by a provider during the
- 18 preceding calendar year; and
- 19 (3) individuals who are not educators who completed a
- 20 mental health first aid or assistance training program provided by
- 21 <u>a provider during the preceding calendar year.</u>
- Sec. 1001.206. LIABILITY. A person who has completed a
- 23 mental health first aid or assistance training program offered by a
- 24 provider under this subchapter and who in good faith attempts to
- 25 assist an individual experiencing a mental health crisis is not
- 26 liable in civil damages for an act performed in attempting to assist
- 27 the individual unless the act is wilfully or wantonly negligent.

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- 1 SECTION 2. Section 21.054, Education Code, is amended by
- 2 adding Subsection (d) to read as follows:
- 3 (d) The board shall adopt rules that allow an educator to
- 4 fulfill up to 12 hours of continuing education by participating in a
- 5 mental health first aid or assistance training program offered by a
- 6 provider under Section 1001.203, Health and Safety Code. The
- 7 number of hours of continuing education an educator may fulfill
- 8 under this subsection may not exceed the number of hours the
- 9 educator actually spends participating in a mental health first aid
- 10 or assistance training program.
- 11 SECTION 3. The change in law made by this Act applies only
- 12 to a cause of action that accrues on or after the effective date of
- 13 this Act. A cause of action that accrues before the effective date
- 14 of this Act is governed by the law in effect immediately before that
- 15 date, and that law is continued in effect for that purpose.
- 16 SECTION 4. This Act takes effect September 1, 2013.