

By: Deuell

S.C.R. No. 13

1 SENATE CONCURRENT RESOLUTION

2 WHEREAS, Walking is an easy and effective form of exercise
3 and can play an important role in a daily health regimen of diet and
4 exercise; and

5 WHEREAS, Obesity has become a serious health problem in Texas
6 and across the nation, partially due to a lack of exercise; if every
7 person walked for at least 30 minutes each day, the savings in
8 health care costs would be substantial; and

9 WHEREAS, The City of Canton in Van Zandt County is the home of
10 First Monday Trade Days, an event which draws about 180,000
11 visitors to the city each month; the average person attending First
12 Monday walks at least a mile and a half while browsing on the
13 350-acre grounds; and

14 WHEREAS, City leaders have also established a monthly mayor's
15 walk at Cherry Creek Park; people of all ages are encouraged to take
16 part in this healthful activity; and

17 WHEREAS, The people of Canton have demonstrated initiative
18 and foresight in taking the matter of public health into their own
19 hands, and it is truly fitting that the city be recognized as the
20 Walking Capital of Texas; now, therefore, be it

21 RESOLVED, That the 83rd Legislature of the State of Texas
22 hereby declare the City of Canton to be the Walking Capital of
23 Texas; and, be it further

24 RESOLVED, That a copy of this resolution be prepared in honor

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1 of the City of Canton.