

1                   SENATE CONCURRENT RESOLUTION

2           WHEREAS, Walking is an easy and effective form of exercise  
3 and can play an important role in a daily health regimen of diet and  
4 exercise; and

5           WHEREAS, Obesity has become a serious health problem in Texas  
6 and across the nation, partially due to a lack of exercise; if every  
7 person walked for at least 30 minutes each day, the savings in  
8 health care costs would be substantial; and

9           WHEREAS, The City of Canton in Van Zandt County is the home of  
10 First Monday Trade Days, an event which draws about 180,000  
11 visitors to the city each month; the average person attending First  
12 Monday walks at least a mile and a half while browsing on the  
13 350-acre grounds; and

14           WHEREAS, City leaders have also established a monthly mayor's  
15 walk at Cherry Creek Park; people of all ages are encouraged to take  
16 part in this healthful activity; and

17           WHEREAS, The people of Canton have demonstrated initiative  
18 and foresight in taking the matter of public health into their own  
19 hands, and it is truly fitting that the city be recognized as the  
20 Walking Capital of Texas; now, therefore, be it

21           RESOLVED, That the 83rd Legislature of the State of Texas  
22 hereby declare the City of Canton to be the Walking Capital of  
23 Texas; and, be it further

24           RESOLVED, That a copy of this resolution be prepared in honor

1 of the City of Canton.

\_\_\_\_\_  
President of the Senate

\_\_\_\_\_  
Speaker of the House

I hereby certify that S.C.R. No. 13 was adopted by the Senate on March 13, 2013, by the following vote: Yeas 31, Nays 0.

\_\_\_\_\_  
Secretary of the Senate

I hereby certify that S.C.R. No. 13 was adopted by the House on May 17, 2013, by the following vote: Yeas 134, Nays 0, two present not voting.

\_\_\_\_\_  
Chief Clerk of the House

Approved:

\_\_\_\_\_  
Date

\_\_\_\_\_  
Governor