

SENATE RESOLUTION NO. 425

WHEREAS, The Senate of the State of Texas takes pleasure in recognizing Austin resident Adela Garcia, who recently won her seventh title as Ms. Fitness Olympia; and

WHEREAS, This remarkable fitness icon is an inspiring role model for healthy living; her skill, strength, and determination as an international champion have made her one of the most admired fitness competitors in the world; and

WHEREAS, Born in 1970 in the Dominican Republic and raised with two rambunctious brothers, Adela grew up with a fiercely competitive spirit; she was introduced to weight training at the age of 17, and her passion for fitness and athletics blossomed after she competed in her first show in 1995; and

WHEREAS, Adela moved to the United States to attend college and began amassing wins in competitions across the country; by the time she was in her 30s, she had become an international contender, placing in the top ranks of Fitness International and Ms. Fitness Olympia shows; and

WHEREAS, Now in her early 40s, Adela continues to compete for titles; she has competed in some 30 professional events and claimed 15 victories; five of those are Fitness International wins and seven are Ms. Fitness Olympia crowns; in the Ms. Fitness Olympia competition, Adela holds the record for most victories; and

WHEREAS, This outstanding athlete serves as an inspiration to people of all ages and genders; her determination and ability to maintain grace under pressure have made her an exemplary competitor; now, therefore, be it

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RESOLVED, That the Senate of the State of Texas, 83rd Legislature, hereby commend Adela Garcia for her record-setting victory as Ms. Fitness Olympia and extend to her best wishes in all her future endeavors; and, be it further

RESOLVED, That a copy of this Resolution be prepared for Adela Garcia as an expression of high regard from the Texas Senate.

Watson

President of the Senate

I hereby certify that the above Resolution was adopted by the Senate on March 11, 2013.

Secretary of the Senate

Member, Texas Senate