

R E S O L U T I O N

1 WHEREAS, The practice of music therapy has been effectively
2 used to promote healing and enhance the physical, mental, and
3 emotional well-being of countless individuals; and

4 WHEREAS, A clinical, evidence-based discipline, music
5 therapy is defined as the application of music by an accredited
6 professional for the purpose of achieving therapeutic goals; music
7 therapy is used to treat persons of all ages and abilities in a
8 variety of settings, and it is shown to be a safe and cost-effective
9 method of health care due to its capacity to address multiple
10 patient concerns without the need for medication; and

11 WHEREAS, Research has found music therapy to be successful in
12 helping patients with Alzheimer's disease to improve their
13 cognitive functioning, children with autism to better communicate,
14 and victims of stroke to regain their speech and mobility;
15 moreover, music intervention has been a valuable tool for many
16 clients in controlling chronic pain and managing anxiety and
17 depression; and

18 WHEREAS, More than 40,000 Texans receive services from music
19 therapists each year; certified practitioners must complete a
20 degree in music therapy at a college or university approved by the
21 American Music Therapy Association and are credentialed by the
22 Certification Board for Music Therapists; and

23 WHEREAS, Degrees in music therapy are offered at a number of
24 institutions of higher learning in Texas, and many graduates of

1 these institutions go on to become contractors and operate small
2 businesses that contribute to the economies of their community and
3 state; and

4 WHEREAS, Texans from all walks of life have benefited
5 immeasurably from the techniques used by skilled music therapists,
6 and it is a privilege to join in commending them for the innovative
7 services they provide; now, therefore, be it

8 RESOLVED, That the House of Representatives of the 84th Texas
9 Legislature hereby recognize February 3, 2015, as Music Therapy Day
10 in Texas and extend sincere best wishes to music therapists across
11 the Lone Star State for success with their important work.

Naishtat

H.R. No. 257

Speaker of the House

I certify that H.R. No. 257 was adopted by the House on
February 3, 2015, by a non-record vote.

Chief Clerk of the House