RESOLUTION

1 WHEREAS, The observance of Mental Illness Awareness Day on 2 February 19, 2015, brings much-needed attention to a serious and 3 often misunderstood issue that affects the lives of millions of 4 Texans; and

5 WHEREAS, An estimated one in four American adults suffers 6 from a mental disorder in a given year, and one-fifth of young 7 people ages 13 to 18 experience a mental health condition that 8 causes severe functional impairment; the most common form of mental 9 illness is anxiety disorders, which are believed to affect 18 10 percent of the adult population; and

WHEREAS, Major depression, which affects 6.7 percent of 11 12 adults, is a leading cause of disability worldwide and is associated with a significant risk of suicide; 13 in the 14 15-to-24-year-old age group, suicide accounts for 20 percent of all deaths annually, and over 90 percent of those who die by suicide had 15 one or more mental disorders; and 16

WHEREAS, The impact of mental illness on military veterans is 17 a growing cause for concern; among service members who have been 18 deployed to Iraq or Afghanistan, one in five has been formally 19 diagnosed with post-traumatic stress disorder, and experts believe 20 21 that many more could be affected because of inadequacies in screening and diagnosis; a particularly worrying trend is the high 22 23 suicide rate of veterans relative to the general population, with 24 an estimated 22 committing suicide every day; and

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1 WHEREAS, For some, the stigma associated with mental illness 2 can result in discrimination and bullying and take a damaging toll 3 on relationships with loved ones; although mentally ill individuals 4 are far more likely to be victims of violence than perpetrators, 5 there is a widespread perception that persons living with mental 6 health conditions pose a threat to others; and

7 WHEREAS, In spite of its prevalence and debilitating effects, 8 mental illness often goes undiagnosed and untreated; roughly half 9 of all people experiencing homelessness have severe mental health 10 or substance abuse issues, and far more Texans with serious mental 11 illness are in jails and prisons than in hospitals; and

WHEREAS, Today, because of new discoveries in genetics, modern brain research, and psychiatry, mental illness is no longer the frightening mystery that it once was; advances in medical science have revealed that serious mental disorders have a biological basis similar to physical ailments like heart disease and diabetes; moreover, like the heart, the human brain is a vital organ whose illnesses can be successfully treated; and

WHEREAS, Sophisticated medicines can greatly ease the suffering of patients with mental illness and help many return to normal, productive, and rewarding lives; according to a 2009 report, increased mental health expenditures could also be a strong economic stimulus, with a potential return of \$23 for every \$1 spent on mental health services in Texas; and

WHEREAS, Agencies and organizations across the state and nation are committed to improving the quality of life of persons with mental illness by promoting treatment and prevention,

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eliminating stigma, increasing housing opportunities, and advancing smart investment in mental health services; Mental Illness Awareness Day provides an opportunity to acknowledge the commendable efforts of these groups to ensure that effective mental health care is available for every Texan in need; now, therefore, be it

RESOLVED, That the House of Representatives of the 84th Texas
Legislature hereby recognize February 19, 2015, as Mental Illness
Awareness Day at the State Capitol and encourage all Texans to learn
more about this important health matter.

King of Taylor Burkett Naishtat Coleman

Straus Allen Alonzo Alvarado Anchia Anderson of Dallas Anderson of McLennan Ashby Aycock Bell Blanco Bohac Bonnen of Brazoria Bonnen of Galveston Burkett Burns Burrows Button Canales Capriglione Clardy Coleman Collier Cook Craddick Crownover Dale Darby Davis of Dallas Davis of Harris Deshotel Dukes Dutton Elkins Faircloth Fallon Farias Farney Farrar Fletcher Flynn Frank Frullo Galindo Geren Giddings Goldman Gonzales González

Guerra Guillen Gutierrez Harless Hernandez Herrero Howard Huberty Hughes Hunter Isaac Israel Johnson Kacal Keffer Keough King of Hemphill King of Parker King of Taylor King of Uvalde Klick Коор Krause Kuempel Landgraf Larson Laubenberg Leach Longoria Lozano Lucio III Márquez Martinez Martinez Fischer McClendon Menéndez Metcalf Meyer Miles Miller of Comal Miller of Fort Bend Moody Morrison Muñoz, Jr. Murphy Murr Naishtat Nevárez Oliveira

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H.R. No. 529

Speaker of the House

I certify that H.R. No. 529 was adopted by the House on February 19, 2015, by a non-record vote.

Chief Clerk of the House