

SENATE RESOLUTION NO. 55

WHEREAS, The Senate of the State of Texas is pleased to join the American Heart Association and Texans across the state in recognizing February 6, 2015, as National Wear Red Day in Texas; and

WHEREAS, Heart disease is the leading cause of death among women, and an estimated 44 million women in the United States are affected by cardiovascular diseases; 90 percent of women exhibit risk factors for developing heart disease, and since 1984, more women than men have died each year from heart disease; and

WHEREAS, Despite these facts, only a small percent of American women believe heart disease to be their most serious health threat; to raise awareness of the risks of heart disease, the American Heart Association has established the Go Red for Women movement, which has helped countless women make healthy behavioral changes in their lifestyles; and

WHEREAS, The Go Red for Women movement has stimulated conversation among women about the need to employ such effective measures as monitoring blood pressure and cholesterol, exercising, making healthy food choices, and quitting smoking; and

WHEREAS, It is truly fitting that a day be set aside to raise awareness of the impact that heart disease has on the women of our state and nation; now, therefore, be it

RESOLVED, That the Senate of the State of Texas, 84th Legislature, hereby encourage Texans to promote heart-healthy lifestyle choices and to support efforts to fight heart disease in women by wearing red on National Wear Red Day; and, be it further

RESOLVED, That a copy of this Resolution be prepared in honor of this special occasion.

Campbell

President of the Senate

I hereby certify that the above Resolution was adopted by the Senate on February 4, 2015.

Secretary of the Senate

Member, Texas Senate