

SENATE RESOLUTION NO. 308

WHEREAS, The observance of Mental Health and Dignity Day on May 3, 2015, provides an important opportunity to heighten understanding of a critical public health issue; and

WHEREAS, In 2014, mental health activists in 15 cities across the country introduced Mental Health and Dignity Day to increase awareness about mental health and to work to dispel the stigma against mental illness; the event affirms the need to support the quest for mental health and draws attention to the challenges confronting the many people who experience mental health issues; and

WHEREAS, Mental health problems are common; according to the United States Department of Health and Human Services, approximately one in five adults experiences a mental health issue each year and one in 20 Americans lives with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression; and

WHEREAS, By participating in this noteworthy event, Texans are contributing to the public dialogue about mental health and encouraging their fellow citizens to help end prejudice and discrimination against persons who face mental health conditions; now, therefore, be it

RESOLVED, That the Senate of the State of Texas, 84th Legislature, hereby recognize May 3, 2015, as National Mental Health and Dignity Day and urge all Texans to learn more about mental health.

Garcia

President of the Senate

I hereby certify that the
above Resolution was adopted by
the Senate on March 3, 2015.

Secretary of the Senate

Member, Texas Senate