

Overview of TDCJ Mental Health Services

**Presentation Prepared for
House Committee on Mental Health, Select**

**Joseph V. Penn MD CCHP FAPA
Director, UTMB CMC Mental Health Services
Clinical Professor, UTMB Dept. of Psychiatry**



Working together to work wonders.™

UTMB and Texas Tech Facilities

Geographic Areas of Responsibilities



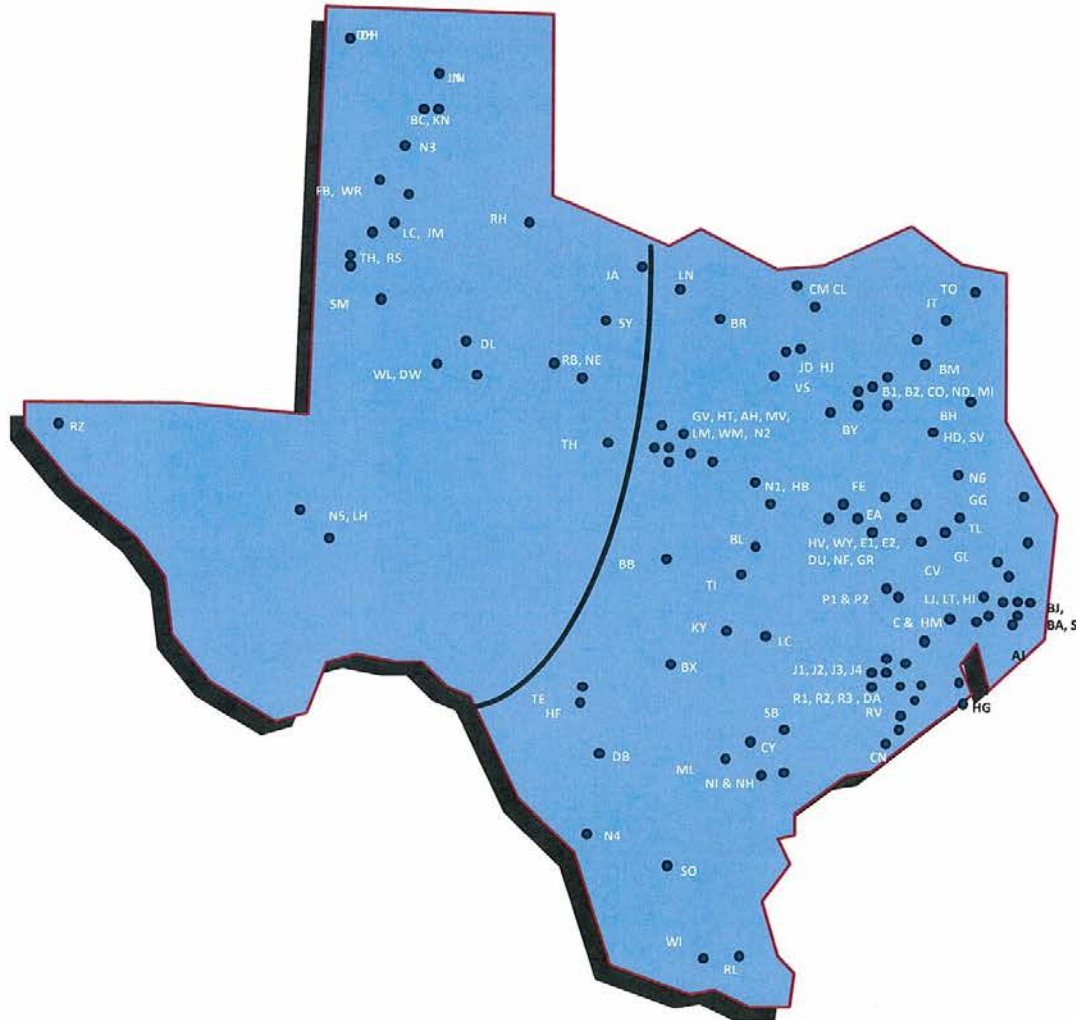
FACILITIES

- BC-Clements
- DH-Dalhart
- DL-Daniel
- DW-Ware
- FB-Formby
- JA-Allred
- JN-Jordan
- KN-Neal
- LH-Lybaugh
- N2-San Saba
- N3-Tulia
- N5-Ft. Stockton
- RB-Robertson
- RD-Rudd
- RH-Roach
- RZ-Sanchez
- SM-Smith
- SY-Sayle
- JM-Montford
- TH-Havins
- WL-Wallace
- WR-Wheeler



FACILITIES

- AH- Hughes
- AJ- Luther
- AJ -Lynchner
- B2- Powledge
- BA- Leblanc
- BB-Halbert
- BH- Bradshaw
- BJ- Gist
- BL-Bartlett
- B1- Beto
- BM- B. Moore
- BR- Bridgeport
- BX- Dominguez
- BY- Boyd
- C- Central
- CL-Cole
- CM- C Moore
- CN- Clemens
- CO-Coffield
- CV-Cleveland
- CY-Connally
- DA-Darrington
- DB-Briscoe
- Do-Diboll
- DU-Byrd
- E2-Estelle
- EA-Eastham
- E1- Ellis
- EN-Segovia
- FE-Ferguson
- GC-Young
- GG-Goodman
- GL-Lewis
- GR Gorree
- GV-Gatesville
- HB-Hobby
- HD-Hodge
- HF-Ney
- HG-Hospital Galveston
- HI-Hightower
- HJ- Hutchins
- HM-Kegans
- HT-Hilltop
- HV-Huntsville
- J1- Jester 1
- J2- Vance
- J3-Jester 3
- J4- Jester 4
- JD-Dawson
- JH- Hamilton
- JT-Johnston
- KY-Kyle
- LC- Lockhart
- LJ- Plane
- LM- Murray
- LN- Lindsey
- LT- Hanley
- MI-Michael
- ML-McConnell
- MV-Mountain View
- N1-Marlin
- N4-Cottulla
- N6-Duncan
- ND-Gurney
- NE-Middleton
- NF- Holliday
- N1-Garza E
- N4-Garza W
- P1-Pack1
- R1-Ramsey
- R2-Stringfellow
- R3-Terrell
- R1-Travis County
- RV-Scott
- SB-Stevenson
- SO-Glossbrenner
- ST- Stiles
- SV-Skyview
- T3- Torres
- TI-Bridgeport
- TL-Polunsky
- To-Telford
- VS-Estes
- WI-Willacy Co
- WM-Woodman
- WY-Wynne



TDCJ Mental Health Services Overview

At Intake:

- Mental Health Receiving Screening (clinical acuity)
- Mental Health Appraisal/Classification (PULHES System)
- Texas Uniformed Health Services Status Form (TUHSU)
- CARE Data
- Mental Health Evaluation as clinically indicated

At Unit of Assignment:

- Nursing Chain Review
- Mental Health Referral to a unit-based qualified mental health professional (QMHP)
- Enrolled in Mental Health Chronic Care Clinic (Mental Health Caseload)

TDCJ Mental Health Services Overview (Cont.)

How Does An Offender Access Mental Health Services?

- Submit Sick Call Request
- Submit I-60 (administrative request to an official)
- Notify security of a need/concern
- Walk-in (brought by security to medical clinic)
- Referral from any unit based staff (e.g., security, warden's office, nursing, medical)
- Already enrolled in Mental Health Chronic Care Clinic (e.g. Mental Health Caseload)
- Acute/emergent/crisis mental health needs (e.g., suicidal thoughts and self-injurious behaviors)

TDCJ Mental Health Comprehensive Services

- Mental Health evaluation and treatment by QMHP
- Psychiatric observation (Psych Obs) status
- Psychiatric diagnostic evaluation, case consultation, and medication treatment services
- Psychotropic medication treatment and monitoring
- Individual and group psychotherapy
- Psychometric/psychological testing
- Psychoeducation (education about illness and its management) and skills building
- Suicide and Violence Risk Assessments
- Case management services (outreach and tracking)
- Crisis Management and Inpatient Psychiatric Services
- Specialized Mental Health Programs

Providing Mental Health Services in a Correctional Setting/Culture

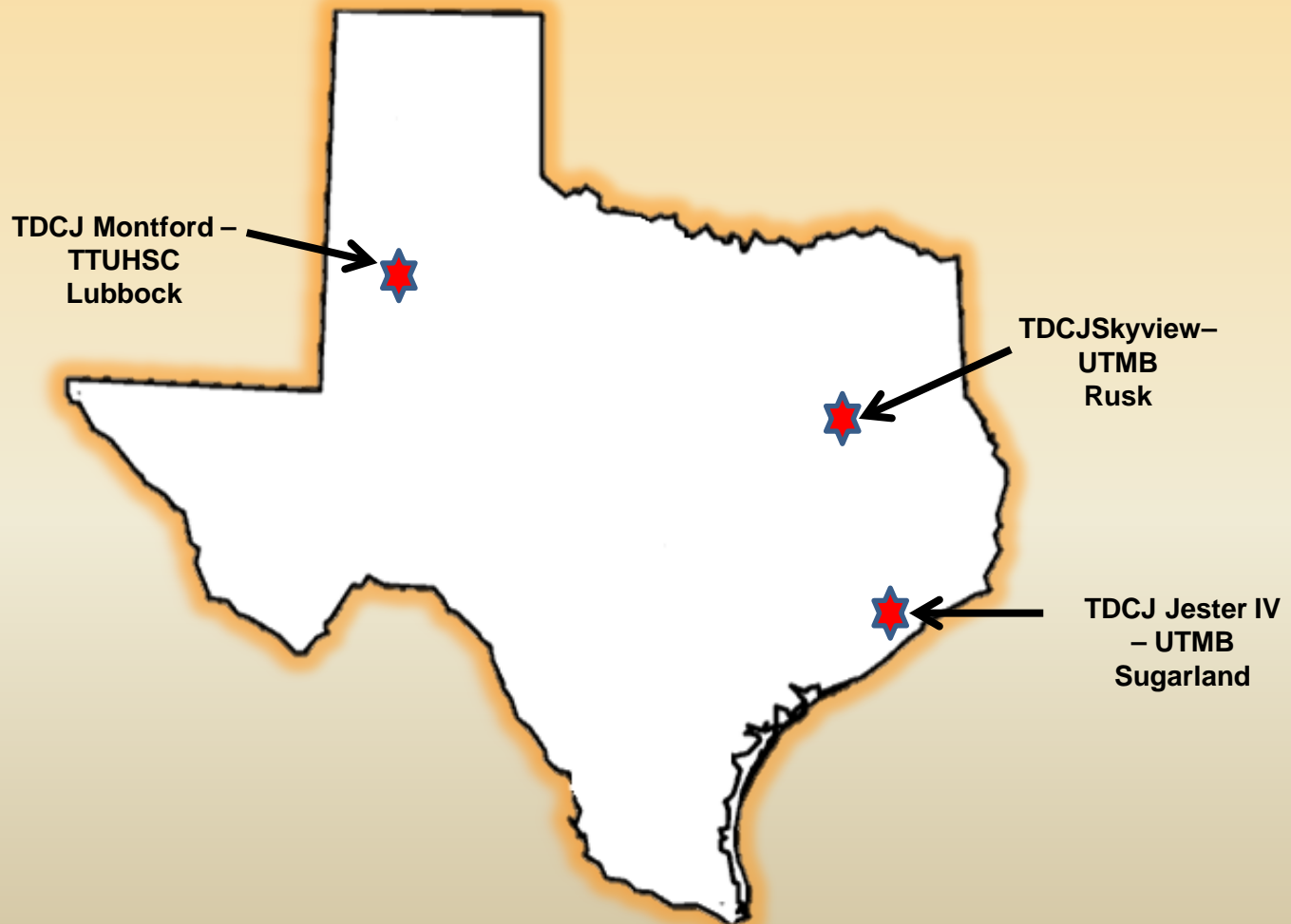
- Providing Mental Health Services to a Heterogenous Patient Population
- Transportation of patient offenders to clinic or off-site (unit lockdowns, count time, change of shift, correctional officer staff shortages)
- Prisons are located in rural settings
- Prisons are located in medically underserved areas
- Recruitment and retention of qualified mental health staff
- Staff safety and boundary issues
- Offender abuse/diversion of psychotropic medications
- Physical plant issues

Clinical Presentations in the Correctional Setting

Offenders may present in the correctional setting with the following issues:

- Stressors (bad news, disciplinary issues, peer conflicts, legal issues)
- Suicide attempts
- Self-mutilation/self-injurious behavior
- Mental disorders (Axis I and II)
- Substance use disorders
- Comorbid medical issues (acute and chronic)
- Refusal of medical/surgical treatments
- Insistence on certain medications and privileges (low bunk, bottom row)

TDCJ Inpatient Psychiatric Prison Units



TDCJ Inpatient Psychiatric Prison Units

TDCJ Skyview Inpatient Psychiatric Treatment Facility – Target population served is 564 acutely and chronic mentally ill TDCJ offenders and TDCJ offenders requiring specialized psychiatric diagnostic evaluation, psychological testing and those in crisis. The facility serves males, females and juvenile offenders.

TDCJ Jester IV Inpatient Psychiatric Treatment Facility – Target population served is 550 acutely and chronic mentally ill TDCJ offenders, TDCJ offenders requiring specialized psychiatric diagnostic evaluation, psychological testing and those in crisis. The facility serves primarily male offenders. The facility also provides care for offenders with Alzheimer’s Disease, other dementias and other illnesses through the Neuro-Cognitive Disorders Program.

TDCJ Mountain View Unit – Provides female crisis management services. The bed capacity is for 20 females. Immediate mental health crisis services (counseling and evaluations) are provided.

TDCJ Inpatient Psychiatric Prison Units (Cont.)

TDCJ Montford Inpatient Psychiatric Treatment Facility – Target population served is 550 acute and chronically mentally ill TDCJ offenders and TDCJ offenders requiring specialized on-site psychiatric diagnostic evaluation, specialty social work, psychology, and psychiatry services, and those in crisis. The facility serves male offenders.

Program for the Aggressive Mentally Ill Offender (PAMIO): Bill Clements Unit, Amarillo, Texas - PAMIO is a structured, multidisciplinary cognitive-behavioral program for offenders in restricted housing, as well as offenders at risk for escalating in custody classification, who present with identified mental illness and a history of aggressive behavior.

TDCJ Mental Health Services Special Programs

Developmental Disabilities Program (DDP), Hodge Unit, Rusk, Texas – Target population served is 645 offenders with intellectual and other developmental disabilities requiring further evaluation and testing, structured programming including individual and group therapies. Staff provides additional DDP-focused evaluation and treatment services. This program services a male population.

Developmental Disabilities Program (DDP), Crain Unit, Gatesville, Texas – Target population served is 106 offenders with intellectual and other developmental disabilities requiring further evaluation and testing, structured programming including individual and group therapies. Staff provides additional DDP-focused evaluation and treatment services. This program services a female population.

TDCJ Mental Health Services

Special Programs (Cont.)



- **Chronic Mentally Ill Treatment Program (CMI-TP):**
CMI-TP is a multidisciplinary program designed to treat and manage the identified chronic mentally ill offender who requires structured monitoring and supervision, in order to further stabilize their mental illness and assist in achieving their highest level of functioning.
- **Chronic Mentally Ill - Sheltered Housing (CMI-SH):**
CMI-SH is a TDCJ assigned sheltered housing designed to provide a structured, secure, and supportive environment with programmatic activity for offenders in single cell housing with identified chronic mental illness, who are unwilling or unable to participate in structured programs.

TDCJ Mental Health Services Special Programs (Cont.)

Mental Health Intermediate Care Program (MHICP), TDCJ Gib Lewis Unit, Woodville, Texas - Target population served is offenders with chronic mental illnesses who have difficulty functioning in general population. This program provides services for male offenders.

Administrative Segregation (Ad Seg) and other Restrictive Housing Settings - Target population served is TDCJ offenders requiring screening, evaluation, acute and chronic treatment and those in crisis. Ad Seg areas that house offenders with mental illness are monitored daily and weekly. The program provides services for both males and females.

Mental Health Therapeutic Diversion Program (MHTDP), Hughes Unit, Gatesville, Texas and Michael Unit, Tennessee Colony, Texas - MHTDP provides services to offenders with mental health needs who would otherwise be in Ad Seg with the goal of assisting them to achieve the optimal level of functioning in a therapeutic diversion setting so they can successfully transition into a less restrictive housing assignment.

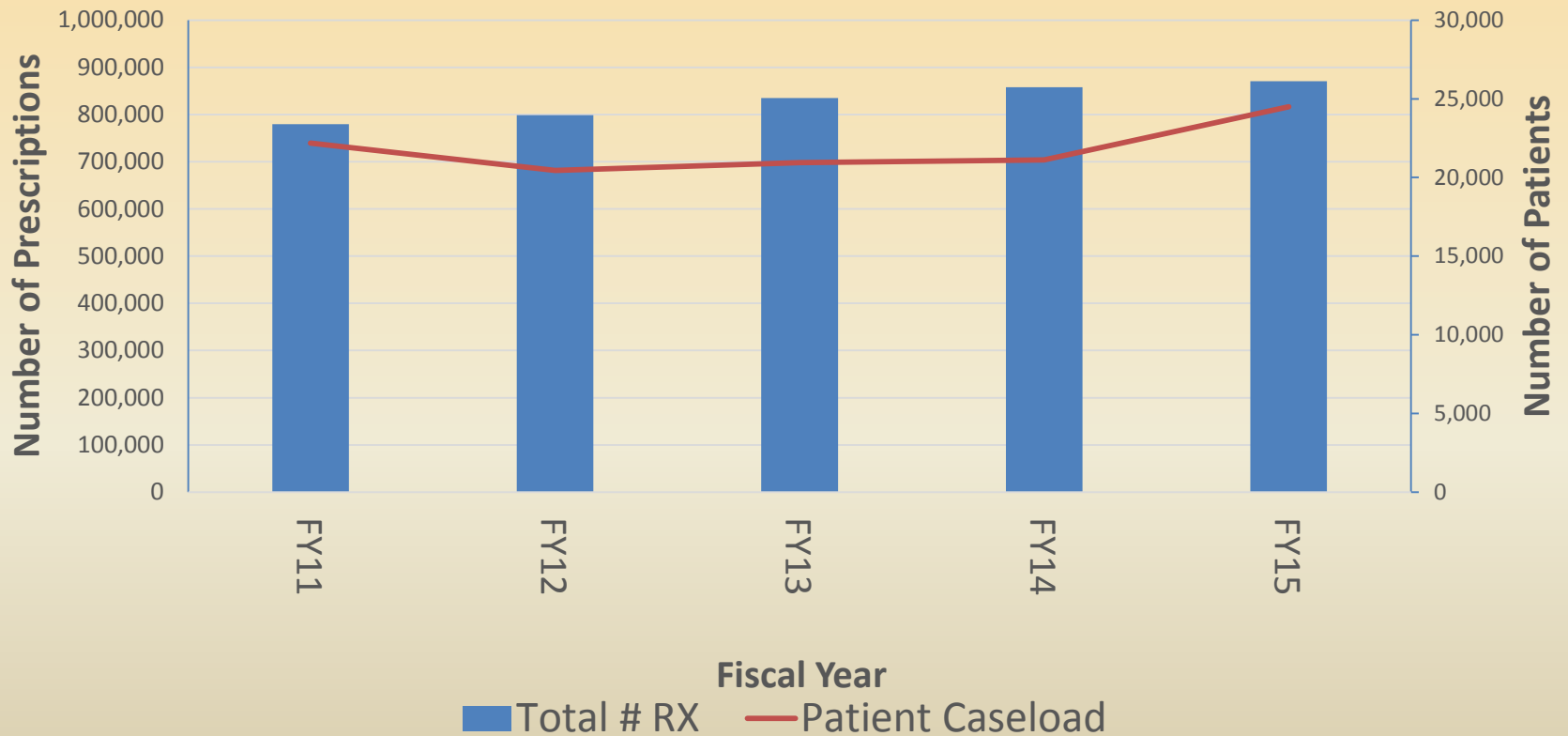
TDCJ Mental Health Services Encounters

- Inpatient: 154,896/year*
- Crisis Management: 8,325/year*
- Outpatient Encounters: 371,676/year

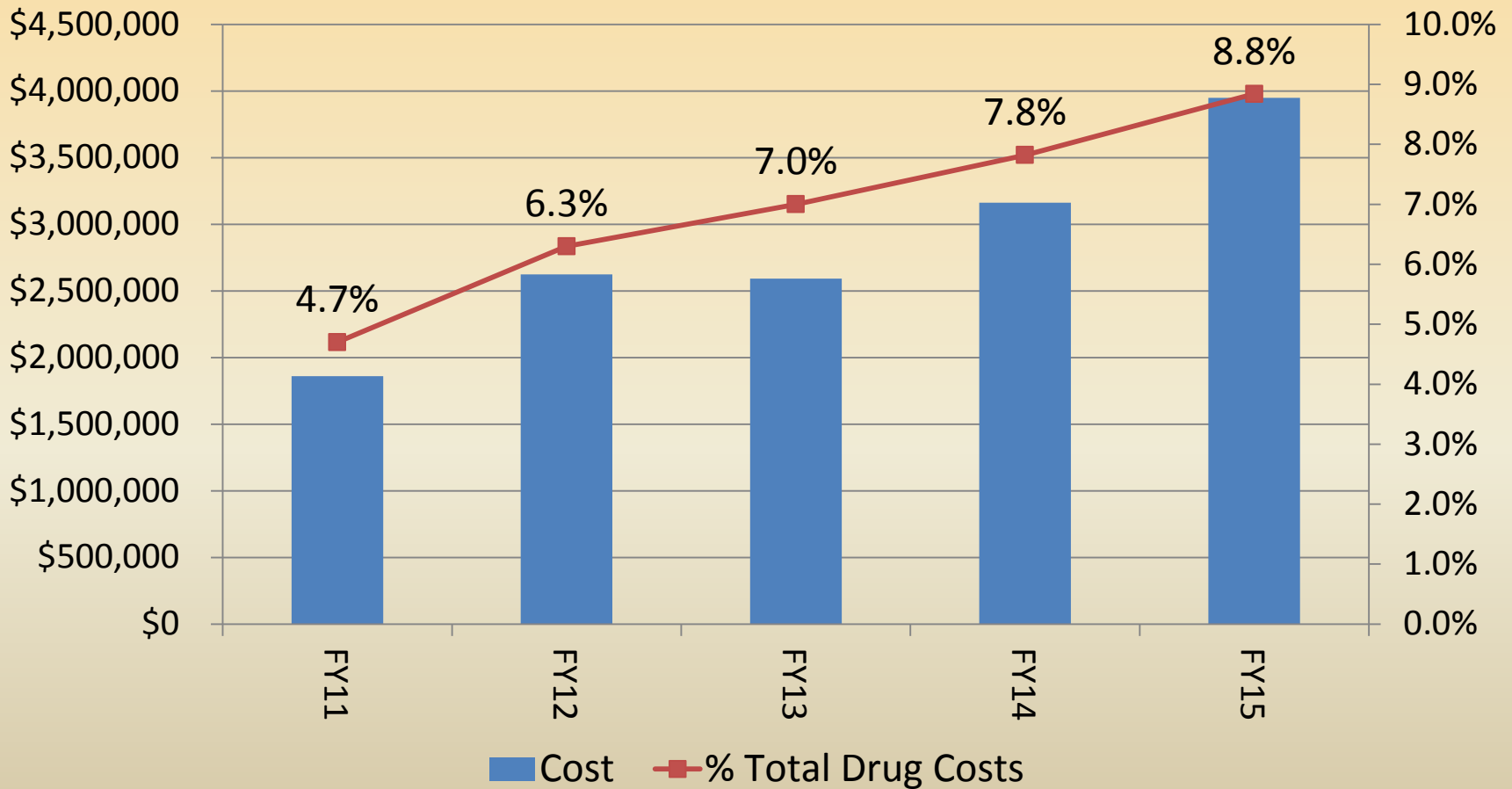
*Annualized based upon calendar year April 2016

TDCJ Psychotropic Drug Trends

Trend in Number of Prescriptions



TDCJ Psychotropic Drug Costs



Jester IV Garden Project



- Initiated for use with the Jester IV Neuro-Cognitive Disorders Program
- This program houses 50 offenders with cognitive disorders (e.g. head injury, stroke, dementia, Parkinson's, Huntington's Disease)
- The program accommodates up to 10 patients – 3 times weekly
- These is also a similar Garden Project at the Skyview Facility

Montford Patient Legacy Gardens Project – TTUHSC CMHC

- Outdoor gardening
- Outdoor container gardening
- Indoor container gardening
- Greenhouse
- Rain water conservation initiative
- Harvested donations to local community efforts, including South Plains Food Bank and East Lubbock Promise Neighborhood program
- Project allows all inpatient clinical track pods to participate (Acute, Partial Remission, Mood Disorder, Impulse Control, Neurocognitive, Chronic Care, and Reentry)
- Project provides at least 4 days of gardening time every week



Montford Patient Art Activities and Projects

- Pumpkin Art Trail
- May - Mental Health Awareness Month – Lubbock First Friday Art Trail Exhibit
 - Included art and poetry
 - Theme: What mental illness means to you?
 - Frames and easels made by unit wood shop
 - All inpatient clinical pods invited to participate
- Greeting Card Campaign – cards donated to local nursing homes
- Garden containers, signs, and water barrels
- Other projects, including:
 - Watercolors
 - Coloring and painting
 - Sketching
 - Paper Mache
 - Bird friendly ornaments

Challenges Facing The TDCJ Mental Health Services Program

- 1) Prisons were not designed to be *state hospitals or mental health treatment centers*
- 2) Compliance with *federal standards* for access to mental health care
- 3) Challenges in recruitment and retention of qualified high caliber psychiatrists, psychologists and other qualified mental health professionals

Thank you for your time and attention
Questions or Comments?

