By: Thompson of Harris H.B. No. 126

A BILL TO BE ENTITLED

1	AN ACT
2	relating to the requirement and study of insurance coverage for
3	serious emotional disturbance of a child.
4	BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
5	SECTION 1. Section 1355.001, Insurance Code, is amended by
6	adding Subdivision (5) to read as follows:
7	(5) "Serious emotional disturbance of a child" means
8	an emotional or behavioral disorder or a neuropsychiatric condition
9	that causes a person's functioning to be impaired in thought,
10	perception, affect, or behavior and that:
11	(A) has been diagnosed, by a physician licensed
12	to practice medicine in this state, a psychologist licensed to
13	practice in this state, or a licensed professional counselor
14	licensed to practice in this state, in a person who is at least
15	three years of age and younger than 18 years of age; and
16	(B) meets at least one of the following criteria:
17	(i) the disorder or condition substantially
18	impairs the person's ability in at least two of the following
19	activities or tasks:
20	<pre>(a) self-care;</pre>
21	(b) engaging in family relationships;
22	(c) functioning in school; or
23	(d) functioning in the community;
24	(ii) the disorder or condition creates a

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- 1 risk that the person will be removed from the person's home and
- 2 placed in a more restrictive environment, including in a facility
- 3 or program operated by the Department of Family and Protective
- 4 Services or an agency that is part of the juvenile justice system;
- 5 (iii) the disorder or condition causes the
- 6 person to:
- 7 <u>(a) display psychotic features or</u>
- 8 violent behavior; or
- 9 (b) pose a danger to the person's self
- 10 or others; or
- 11 <u>(iv)</u> the disorder or condition results in
- 12 the person meeting state special education eligibility
- 13 requirements for emotional disturbance.
- 14 SECTION 2. Subchapter A, Chapter 1355, Insurance Code, is
- 15 amended by adding Section 1355.0041 to read as follows:
- 16 Sec. 1355.0041. REQUIRED COVERAGE FOR SERIOUS EMOTIONAL
- 17 DISTURBANCE OF A CHILD. (a) Notwithstanding Section 1355.002,
- 18 this section does not apply to:
- 19 (1) a basic plan under Chapter 1575; or
- 20 (2) a primary care coverage plan under Chapter 1579.
- 21 (b) A group health benefit plan:
- 22 (1) must provide coverage for serious emotional
- 23 disturbance of a child, based on medical necessity, for not less
- 24 than the following treatments in each calendar year:
- 25 (A) 45 days of inpatient treatment; and
- 26 (B) 60 visits for outpatient treatment,
- 27 including group and individual outpatient treatment;

- 1 (2) may not include a lifetime limitation on the
- 2 number of days of inpatient treatment or the number of visits for
- 3 outpatient treatment covered under the plan; and
- 4 (3) must include the same amount limitations,
- 5 deductibles, copayments, and coinsurance factors for serious
- 6 <u>emotional disturbance of a child as the plan includes for physical</u>
- 7 illness.
- 8 <u>(c) A group health benefit plan issuer:</u>
- 9 (1) may not count an outpatient visit for medication
- 10 management against the number of outpatient visits required to be
- 11 covered under Subsection (b)(1)(B); and
- 12 (2) must provide coverage for an outpatient visit
- 13 described by Subsection (b)(1)(B) under the same terms as the
- 14 coverage the issuer provides for an outpatient visit for the
- 15 treatment of physical illness.
- 16 (d) The department shall conduct a study to determine and
- 17 evaluate the extent to which enrollees make claims under coverage
- 18 for serious emotional disturbance of a child and the impact, if any,
- 19 the coverage for serious emotional disturbance of a child and the
- 20 claims have on the cost of the coverage for group health benefit
- 21 plans.
- (e) Not later than August 1, 2018, the department shall
- 23 <u>submit to the governor, the lieutenant governor, the speaker of the</u>
- 24 house of representatives, and the appropriate standing committees
- 25 of the legislature a report regarding the results of the study
- 26 required by Subsection (d), together with any recommendations for
- 27 legislation.

- 1 (f) This subsection and Subsections (d) and (e) expire
- 2 September 1, 2019.
- 3 SECTION 3. Sections 1355.005 and 1355.007, Insurance Code,
- 4 are amended to read as follows:
- 5 Sec. 1355.005. MANAGED CARE PLAN AUTHORIZED. A group
- 6 health benefit plan issuer may provide or offer coverage required
- 7 by Section 1355.004 or 1355.0041 through a managed care plan.
- 8 Sec. 1355.007. SMALL EMPLOYER COVERAGE. An issuer of a
- 9 group health benefit plan to a small employer must offer the
- 10 coverage described by Section 1355.004 or 1355.0041 to the employer
- 11 but is not required to provide the coverage if the employer rejects
- 12 the coverage.
- 13 SECTION 4. Section 1355.051, Insurance Code, is amended by
- 14 adding Subdivision (4) to read as follows:
- 15 (4) "Serious emotional disturbance of a child" has the
- 16 meaning assigned by Section 1355.001.
- 17 SECTION 5. Section 1355.053, Insurance Code, is amended to
- 18 read as follows:
- 19 Sec. 1355.053. REQUIRED COVERAGE FOR CERTAIN ILLNESSES,
- 20 [AND] DISORDERS, AND CONDITIONS. A group health benefit plan that
- 21 provides coverage for treatment of mental or emotional illness or
- 22 disorder or serious emotional disturbance of a child for a covered
- 23 individual when the individual is confined in a hospital must also
- 24 provide coverage for treatment in a residential treatment center
- 25 for children and adolescents or a crisis stabilization unit that is
- 26 at least as favorable as the coverage the plan provides for
- 27 treatment of mental or emotional illness or disorder or serious

- 1 <u>emotional disturbance of a child</u> in a hospital.
- 2 SECTION 6. Section 1355.054(a), Insurance Code, is amended
- 3 to read as follows:
- 4 (a) Benefits of coverage provided under this subchapter may
- 5 be used only in a situation in which:
- 6 (1) the covered individual has a serious mental
- 7 illness or serious emotional disturbance of a child that requires
- 8 confinement of the individual in a hospital unless treatment is
- 9 available through a residential treatment center for children and
- 10 adolescents or a crisis stabilization unit; and
- 11 (2) the covered individual's mental illness or
- 12 emotional disturbance:
- 13 (A) substantially impairs the individual's
- 14 thought, perception of reality, emotional process, or judgment; or
- 15 (B) as manifested by the individual's recent
- 16 disturbed behavior, grossly impairs the individual's behavior.
- 17 SECTION 7. The change in law made by this Act applies only
- 18 to a group health benefit plan that is delivered, issued for
- 19 delivery, or renewed on or after April 1, 2018. A group health
- 20 benefit plan that is delivered, issued for delivery, or renewed
- 21 before April 1, 2018, is governed by the law as it existed
- 22 immediately before the effective date of this Act, and that law is
- 23 continued in effect for that purpose.
- SECTION 8. This Act takes effect December 1, 2017.