

By: Klick

H.R. No. 211

R E S O L U T I O N

1 WHEREAS, Heart disease ranks as the number one killer of  
2 women, but 80 percent of cardiac events can be prevented; and

3 WHEREAS, An estimated 44 million women in the United States  
4 are affected by cardiovascular diseases, which, together with  
5 stroke, kill one woman on average every 80 seconds and account for a  
6 third of female deaths each year; and

7 WHEREAS, Although 90 percent of women have one or more risk  
8 factors for developing heart disease, few realize that heart  
9 disease is their greatest health threat; women are less likely to  
10 call 911 for themselves when experiencing symptoms of a heart  
11 attack than they are to seek assistance for someone else in the same  
12 situation; and

13 WHEREAS, Since 1984, more women than men have died each year  
14 from heart disease; nevertheless, women are underrepresented in  
15 scientific research, comprising just 24 percent of participants in  
16 all heart-related studies; and

17 WHEREAS, The American Heart Association established the Go  
18 Red For Women campaign and National Wear Red Day to promote measures  
19 that can reduce heart disease; the organization urges women to  
20 exercise, stop smoking, maintain a healthy diet, and get their  
21 blood pressure and cholesterol checked regularly; in addition, it  
22 reminds them to teach their children the importance of staying  
23 active and eating sensibly; and

24 WHEREAS, By dressing in red on National Wear Red Day,

1 citizens can raise awareness of heart disease, help others learn to  
2 reduce their risk, and demonstrate support for more research and  
3 education on heart disease in women; now, therefore, be it

4       RESOLVED, That the House of Representatives of the 85th Texas  
5 Legislature hereby recognize February 3, 2017, as National Wear Red  
6 Day and encourage all Texans to participate in this important  
7 observance.